THE ACHILLES CLUB

2019-2020



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paul.willcox@achilles.org 07768 735634

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peter.crawshaw@achilles.org 01737-761626

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membership@achilles.org

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Photos: Andy Hodge

FIXTURES 2020

Saturday 29th February—Varsity Field Events and Relays, at Lee Valley

Saturday 18th April—LICC Match 1, at Lee Valley

Thursday 30th April—Achilles Schools Relays, at Iffley Road

8th to 10th May-BUCS Championships, at Bedford

Sunday 17th May-VARSITY MATCH and dinner, at Oxford

Saturday 27th June—LICC Match 2, at Allianz Park

Saturday 25th July—LICC Match 3, at Allianz Park

Thursday & Friday 20-21 August—Bevil Rudd Decathlons for men and women at Iffley Road (see page 13)

Saturday 22nd August—LICC Match 4, at Allianz Park

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Early April 2021—Oxford & Cambridge Transatlantic Tour

All LICC matches are effectively open meetings, and can be entered on the day without restriction: <u>entry is free for Achilles members.</u>

Achilles non-students attending the post Varsity Match dinner should apply to Emma Hooper: dinner@achilles.org (students apply via OUAC/CUAC)

To enter the Bevil Rudd decathlons contact teelepalumaa@gmail.com

ACHILLES CLUB MEMBERS IN THE UK TOP 50 RANKINGS FOR 2019

4	Matt Leach	10000m	28:21.05
9	Christina Nick (Germany)	Discus	49.25m
11	Nancy Scott	3000SC	10:41.13
13 14	Bijan Mazaheri (USA) Roger Poolman	Marathon 5000m	2:15.26 13:50.78
14	Eoghan Totten (Ireland)	Marathon	2:16.08
15	Anna Sharp	3000SC	11:08.06
16	Matt Leach	3000m	7:59.14
16	Rowan May	Pole Vault	5.00m
16	Tom Parker	Hammer	63.46m
16	Esther Leong	Pole Vault	3.90m
17	Andrew Heyes	3000m	7:59.58
17 18	Silvia Amabilino (Luxembourg)	Pole Vault 10000m	3.85m 29:24.09
18	Bijan Mazaheri (USA) Louise Shanahan (Ireland)	800m	2:04.77
18	Dani Chattenton	1500m	4:15.35
19	Naomi Taschimowitz	10000m	34:17.99
20	Andrew Heyes	10000m	29:32.90
20	Dani Chattenton	5000m	15:53.25
22	Jude Bright-Davies	Triple Jump	15.44m
23	Danny Eckersley	3000SC	9:04.08
23	Jacob Lange	Hammer	59.05m
23 25	Naomi Taschimowitz Jake Shelley	5000m 5000m	15:57.05 13:56.99
25	Christina Nick (Germany)	Shot Putt	13.30.99 13.30m
26	Sam Trigg	Triple Jump	15.08m
26	Angus Lockhart (Australia)	Shot Putt	14.54m
26	Caspar Whitehead	Javelin	60.86m
26	Isabelle Scott (Australia)	800m	2:05.44
26	Helen Broadbridge	Discus	42.32m
28	Achilles Men's Team	4x100	42.00
30 30	Richard Ollington Alex Milne	3000SC Marathon	9:13.80 2:20.08
30	Jack Paget	Hammer	56.23m
30	Charlotte Dannatt	3000m	9:22.36
30	Teele Palumaa (Estonia)	High Jump	1.74m
31	Jake Watson	Pole Vault	4.70m
32	William Mycroft	Half Marathon	1:05.16
35 35	Oliver Fox Samuel Clarke	5000m 400mh	14:00.19 54.20
35	Montana Jackson	Triple Jump	12.06m
36	Callum Court	Pole Vault	4.66m
36	Michael Painter	Hammer	54.30m
36	Dani Chattenton	3000m	9:25.67
37 37	Jeremy Dempsey Samuel Clarke	1500m 100mh	3:45.22 15.1
37	Kate Davies	Javelin	40.91m
38	Alex Bampton	Marathon	2:21.54
38	Helen Broadbridge	Hammer	52.63m
39	OUAC Men	4x400m	3:21.58
40 40	Daniel Mulryan Archie McNeilis	10000m Pole Vault	30:11.49 4.60m
40	Emily Ruane	5000m	16:26.80
40	Montana Jackson	400mH	62.02
41	Bridget Fryer	Discus	40.59m
42	Mary Adeniji	Triple Jump	11.91m
43 43	Jake Shelley Andrew Heyes	1500m	3:45.75
43 44	OUAC Men	5000m 4x100m	14:05.37 42.36
45	Luuk Metselaar (Netherlands)	Marathon	2:22.48
45	Jack Paget	Shot Putt	14.01m
45	Chloe Billingham	Pole Vault	3.53m
46	Phillip Crout	5000m	14:06.86
46 47	OUAC Women Norman Shreeve	4x400m 10000m	4:00.12 30:18.25
47 47	CUAC Men	10000m 4x400m	30:18.25
48	Alex Bampton	10000m	30:19.16
48	Shane Martin	Pole Vault	4.50m
48	Moriyo Aiyeola	60m	7.64
48	CUAC Women	4x400m	4:00.68





145TH OXFORD V CAMBRIDGE VARSITY SPORTS

18 May 2019, Wilberforce Road, Cambridge

Oxford came into the 2019 Varsity Match chasing a third successive 4-0 win across both Blues and Seconds matches, which had yet to be achieved since the introduction of all 4 matches in 1988, while Cambridge looked to close out a decade they had dominated until 2017 with home wins.

The Light Blues made a perfect start to **the men's match** with fresher Sam Clarke storming away with the 400 Hurdles in a big new personal best. He was to record two further personal bests on his way to the first

Hurdles treble of the 21st century, which netted him the Le Touquet Baton for most improved athlete. But even when he had done so, Oxford's powerful field events squad had seized control of the match with a 1-2 in the Hammer, President Jack Paget surprisingly edging out match record holder Michael Painter, and in the Long Jump where Dan Smith in his favoured event comfortably beat Jude Bright-Davies. Both these results were to be reversed later in the day with ainter winning the Discus over Paget and twice BUCS Indoor Champion Bright-Davies unsurprisingly beating Long Jump specialist Smith in the Triple Jump, with Ryan Morgan of Cambridge splitting the Oxford men in that event. Oxford's track eventers also showed up early with Toby Ralph winning the 800, Jamie Parkinson the Steeplechase and Isaac Kitchen-Smith finally bringing his best form to Varsity in beating Kaesi Opara of Cambridge at the third attempt over both 100 and 200. Cameron Bain made it a clean sweep for Oxford in the sprints, making it 2-1 over his northeast rival Sam Day in their personal battle over 400 in the last three Varsity Matches. By that point Oxford were clearly on their way to a comfortable win. Jeremy Dempsey put Cambridge back on the board with a fine front-running win in the 1500m over twice champion Alex Gruen, and Gunther Klobe prevented a shut out in the scoring field events (Pole Vault was non-scoring due to safety concerns and was won by Cambridge's Callum Court) by taking the High Jump. Oxford put the seal on their win with wins in both relays and by finishing their sweep of the throws with Achilles Trophy winner Paget in the Shot and Caspar Whitehead in the Javelin both winning for the second year in succession. But the race of the day belonged to Cambridge. Oliver Fox, fresh off representing GB Seniors at



the World Cross Country Championships, set a ferocious pace in the 5000, even burning away his team-mate and twice U23 National Champion Phil Crout on his way to 14:11 - the fastest time in decades - which deservedly took the Drake Digby Trophy for performance of the men's match.

The women's match had been close in the lprevious two years and was to prove so again. Shrewd tactics from Oxford saw flat specialist Sophie Haldane take the 400 metre hurdles. This set the stage for Isabelle Scott to launch a ferocious solo assault on the 800m match record, in which she fell just short despite an astounding 8 second victory. She came similarly close to the match record in the 400m and was deservedly awarded the Susan Dennler Trophy for performance of the women's match. Cambridge's sprint queen Moriyo Aiyeola overcame a hamstring injury to take the short sprint double and lead her team to the sprint relay. However, fellow Light Blue Mary Adeniji was struck down by a hamstring tear in the last round of a Long Jump competition she had dominated (and in which Polly Maton, the first Paralympic athlete to compete in a Varsity Match, finished 2nd). This denied spectators an exciting showdown between her and Maddie Smith in the Triple Jump, as Maddie easily took that event in a fine distance. As in the men's match, Oxford pulled away in the middle of the afternoon with wins in the 100m Hurdles for Harriet Wigginton, 5000m for soon-to-be U23 National medallist Eleanor Bolton, and High Jump for Teele Palumaa and 200m hurdles for Eleanor Duck. A theme of recent matches has been Oxford dominance in the throws but honours were even as President Bridget Fryer took the Discus, in a distance that won the Paul Gomme Trophy for throws, and Cara James the Shot for Cambridge. Oxford responded with fresher Abi Jones in the Javelin and Jenny Richards, in her 6th match, finally taking the Ham-









mer. Oxford were clearly ahead but a late flurry from Cambridge with Isabel Dye winning a high quality 1500m over Charlotte Dannatt, National U20 medallist Nancy Scott beating Oxford captain Anna Sharp in the Steeplechase and a 4x400m relay win led to some nervous calculations before Oxford could celebrate their win. The only match record in either Blues match fell to Esther Leong with 3.51m in the non-scoring Pole Vault.

Oxford did indeed close out their hat-trick of 4-0's with comfortable victories in both second team matches. A fine middle-distance double from Niamh Bridson Hubbard couldn't save the Alligators as the Millipedes dominated the heavy throws with Lauren Crist and Crystalina Gao and the hurdles with Emma Roberts and Saskia Krefting. For the Centipedes Dan Gregory and Fergus Imrie both picked up three wins, the former in the short sprints and Long Jump and the latter in the heavy throws. Will Ryle-Hodges salvaged some Alverstones pride by breaking the 5000m second team record in a Blues standard. But the winner of the Steven Stuart Trophy for best performance in the second team matches went to Blues ineligible Oxford visiting student Ken Marshall who won the Steeplechase outright ahead of the Blues athletes.

So as Oxford had sought it was 'A THIRD TIME IN A ROW, FOR THE FIRST TIME IN HISTORY.' But with a new decade heralding some fine Cambridge freshers, the times may be a-changing heading into 2020.

-Daniel Hooker

MEN'S BLUES

100m (wind +0.9) Isaac Kitchen-Smith (O) 10.78, Kaesi Opara (C) 10.95, Harrison Steel (O) 10.95, Jeffery Chu (C) 11.25

200m (wind +1.4) Isaac Kitchen-Smith (O) 21.95, Kaesi Opara (C) 22.23, Harrison Steel (O) 22.38, Jeffrey Chu (C) 22.85

400m Cameron Bain (O) 49.49, Matt Newton (O) 50.19, Sam Day (C) 50.39, Joseph Burton (C) 50.72 **800m** Toby Ralph (O) 1:55.41,





Harry Cox (C) 1:55.83, Nathan Mapperley (O) 1:56.09, Peter Cameron (C) 1:57.76

1500m Jeremy Dempsey (C) 3:50.59, Miles Weatherseed (O) 3:53.14, Alex Gruen (O) 3:56.23, James Coxon (C) 3:58.85

5000m Oliver Fox (C) 14:11.86, Philip Crout (C) 14:18.83, William Christofi (O) 14:26.13, Will Ryle-Hodges (Alv) 14:34.26 **(record)**, Jack Millar (Cent) 14:35.71, Paul Aste (Alv) 14:37.88, Eoghan Tottan (O) 14:50.66, Noah Hurton (Cent)

14:52.19

110m hurdles (wind +1.2) Samuel Clarke (C) 15.31, Harry Salt (O) 15.77, Jack Wickham (C) 16.18, Blake Strickland-Bennett (O) 19.39

200m hurdles (wind +1.6) Samuel Clark (C) 24.70, Harry Salt (O) 26.03, Joseph Mitchell (C) 26.75, Ronan Llyr (O) 27.11

400m hurdles Samuel Clarke (C) 54.20, Ronan Lyr (O) 57.20, Joseph Mitchell (C) 57.39, Blake Strickland -Bennett (O) 57.41





THE DRAKE-DIGBY TROPHY (best performance in the Mens' Match): **Oliver Fox** (Cambridge) for his 5000m performance.

THE SUSAN DENNLER TROPHY (best performance in the Womens' Match): **Isabelle Scott** (Oxford) for 400m and 800m performances (both close to match records)

THE LE TOUQUET TROPHY (most improved athlete during 2018-19): **Samuel Clarke** (Cambridge) for three personal bests in hurdles races

THE PAUL GOMME TROPHY (best throwing performance of the season): **Bridger Fryer** (Cambridge) for throwing over 40m in the discus.

THE ACHILLES TROPHY (outstanding contribution to Oxbridge athletics): **Jack Paget** (Oxford) for three VM shot wins, 2 hammer wins, winning Captain, winning President.

THE STEVEN STUART TROPHY (most notable second-team performance): **Ken Marshall** (Oxford) for winning the steeplechase from the Centipedes team

ROGER LANE and **CAROLE MORRIS** (above) presented the new trophies which bear their names, to be held annually by the winners of the Javelin competitions, to: **Caspar Whitehead** and **Abigail Jones**.

3000m steeplechase Ken Marshall (Cent) 9:32.41, Jamie Parkinson (O) 9:41.72, Paul Pruzina (C) 9:46.47, Aidan Smith (O) 9:47.00, Kirk Smith (Cent) 9:53.42, Matthew Harris (C) 10:07.12, Max Roberston (Alv)

10:20.53, Tom Kearns (Alv) 10:25.57

High Jump Gunther Klobe (C) 1.95, Nithesh Ranasinha (O) 1.95, You Xuan Thung (C) 1.85, Christopher

Everett (0) 1.80

Pole Vault (non-scoring) Callum Court (C) 4.40, Shane Martin (O) 4.20, Douglas Buisson (C) 3.40

Long Jump Daniel Smith (0) 7.02, Jude Bright-Davies (0) 6.57, Andrew Ejemai (C) 6.33, David Mafullul (C) 1.97

Triple Jump Jude Bright-Davies (O) 14.51, Ryan Morgan (C) 13.64, Daniel Smith (O) 13.48, Andrew

It was unfortunate that a week before the Match the Cambridge pole vault landing bed was found to be unsafe beyond a certain height. In the circumstances it was agreed that the vaults be part of the match but not scored.

Ejemai (C) 12.99

Shot Jack Paget (O) 13.10, Tom Riley (C) 12.71, Maciej Maruszczaak (C) 12.69, Michael, Painter (O) 12.00

Discus Michael Painter (0) 38.75, Jack Paget (0) 38.70, Maciej Maruszczak (C) 34.46, Sam Hill (C) 32.85

Hammer Jack Paget (0) 55.00, Michael Painter (0) 54.30, Martin Croft (C) 48.87, Robin Croft (C) 43.73

Javelin Caspar Whitehead (0) 56.34, Jude Compton-Stewart (C) 53.56, Tom Riley (C) 49.93, Aidan Reynolds (0) 47.25

4 x 100m relay Oxford (Steel, Kitchen-Smith, Leung, Bright-Davies) 42.36, Cambridge (Chu, Day, Ejemai, Opara) 42.49, Alverstone (Court, Adeboye, Lim, Marino) 44.11, Centipedes (Coxon, Gregory, Heard, Kirkham) 44.53

4 x 400m relay Oxford (Newton 51.2, Baker 50.8, Buckley 50.9, Bain 50.8) 3:23.71, Centipedes (Ralph 51.6, Llyr 51.6, Mapperley 51.3, Brown-Araujo 52.2) 3:26.72, Alverstone (Clarke 51.8, Cox 53.3, Pugh 53.5, Parker 50.8) 3:29.32, Cambridge (Burton 59.1, Flaherty 52.2, Matthews 50.2, Day 50.5) 3:32.04

RESULT: OXFORD 113, CAMBRIDGE 88

WOMEN'S BLUES

100m (wind +1.2) Moriyo Aiyeola (C) 12.21, Florence Cochrane (C) 12.48, Katie Hannawin (O) 12.76, Sophie Hubbard (O) 13.02

200m (wind +2.7) Moriyo Aiyeola







(C) 25.47, Catriona Marriott (C) 25.92, Sophie Hubbard (O) 26.18, Katie Hannawin (O) 26.42

400m Isabelle Scott (O) 56.57, Alice Harray (O) 58.63, Olivia Anderson (C) 59.03, Catriona Marriott (C) 59.06

800m Isabelle Scott (O) 2:10.14, Alice Harray (O) 2:18.14, Annika Gompers (C) 2:18.48, Ella Witts (C) 2:19.74

1500m Isabel Dye (C) 4:30.02, Charlotte Dannatt (O) 4:31.78, Phoebe Barker (C) 4:42.73, Alexandra Shipley (O) 5:02.21

5000m Eleanor Bolton (O) 17:00.71, Emily Ruane (C) 17:05.18, Alexandra Shipley (O) 18:17.06, Rebecca Frake (All) 18:20.96, Helen Greenwood (Mill) 18:27.31, Lauren Major (C) 18:36.33, Natalie Haarer (Mill) 19:10.82, Julia Maxwell (All) 20:31.98

100m hurdles (wind +0.6) Harriett Wigginton (0) 15.88, Eleanor Vickers (0) 16.36, Alexandra Prickett (C) 16.43, Lea Wenger (C) 17.06

200m hurdles (wind +1.1) Eleanor Duck (0) 30.19, Martha Stevens (C) 31.32, Alexandra Prickett (C) 32.04, Eleanor Vickers (O) 34.71

400m hurdles Sophie Haldane (O) 67.68, Martha Stevens (C) 68.16, Alexandra Burchill (C) 69.62, Eleanor Duck (O) 73.55

2000m steeplechase Nancy Scott (C) 7:00.70, Fiona Bunn (C) 7:08.61, Anna Sharp (O) 7:09.61, Connie Hurton (O) 7:26.98, Claire Hammett (Mill) 7:31.90, Ella Sharrock (Mill) 7:32.06, Joni Wildman (All) 7:53.74, Veronica Bonifacio

(All) 9:58.66

High Jump Teele Palumaa (O) 1.60, Florence Cochrane (C) 1.60, Lea Wenger (C) 1.55, Sophie Hubbard (O) 1.55

Pole Vault (non-scoring) Esther Leong (O) 3.51 **(record)**, Chloe Billingham (C) 3.40, Jen Sheasby (C) 2.80

Long Jump Mary Adeniji (C) 5.65, Polly Maton (O) 5.14, Madeleine Smith (O) 5.10, Tiwa Adebeyo (C) 4.94

Triple Jump Madeleine Smith (0) 11.71, Chloe Billingham (C) 10.23, Alice Harray (0) 10.19, Olivia Shallcross (C) 9.90

Shot Cara James (C) 11.29, Kate Dennison (O) 10.13, Jenny Richards (O) 10.01, Andrea Novoa-Martinez (C) 9.14

Discus Bridget Fryer (C) 40.59, Jenny Richards (O) 36.42, Teele Palumaa (O) 33.37, Emmaline Okafor (C) 29.43

Hammer Jenny Richards (0) 44.03, Cara James (C) 39.06, Emmaline Okafor (C) 38.93, Heather Nelson (O) 30.63

Javelin Abigail Jones (0) 36.45, Alexandra Shipley (0) 35.21, Martha Bevan (C) 31.70, Andrea Novoa-Martinez (C) 30.35

4 x 100m relay Cambridge (Craft, Cochrane, Howells, Aiyeola) 48.86, Oxford (Mahadeva, Hannawin, Haldane, Hubbard) 49.58, Millipedes (Ward-Brew, Semark, Wigginton, Vickers) 51.86, Alligators (Jaffree, Prickett, Adebeyo, Cienciala) 53.10

4 x 400m relay Cambridge

(Marriott 60.0, Clark 62.1, Wallace 60.1, Anderson 58.6) 4:00.68, Oxford (Hubbard 59.6, Dannatt 63.2, Harray 59.4, Haldane 59.3) 4:01.38, Millipedes (Bolton 63.4, Shipley 65.6, Krefting 62.2, Busa 61.9) 4:13.02, Alligators (Burchill 66.2, Bond 61.9, Okafor 66.5, Stevens 65.8) 4:20.44

Result: Oxford 102, Cambridge 99





CENTIPEDES V ALVERSTONE

100m (wind +0.9) Daniel Gregory (Cent) 11.21, Justin Leung (Cent) 11.35, Callum Court (Alv) 11.54, Bryce Lim (Alv) 11.66

200m (wind +1.4) Daniel Gregory (Cent) 22.83, Justin Leung (Cent) 22.92, Ciaran Flaherty (Alv) 23.01, David Adeboye (Alv) 23.46

400m Billy Matthews (Alv) 49.90, Max Buckely (Cent) 50.54, Ciaran Flaherty (Alv) 51.20, Hugh Baker (Cent) 51.55

800m Sam Brown-Arajo (Cent) 1:56.86, Callum Parker (Alv) 1:56.91, Yannick Markoff (Cent) 1:58.01, Liam Emmett (Alv) 2:03.22

1500m Luke Cotter (Cent) 4:03.01, Aidan Rigby (Alv) 4:04.12, Oliver Paulin (Cent) 4:06.39, Tom Goulding (Alv) 4:20.24

5000m (run with Blues race, see above)

110m hurdles (wind +0.5) Elliott Baines (Alv) 16.80, Lawrence Hopkins (Alv) 18.59, Joseph Murphy (Cent) 18.95, Ken Marshall (Cent) 23.34

200m hurdles (wind +0.9) Oliver Brown (Alv) 27.08, Daniel Gregory (Cent) 27.44, Lawrence Hopkins (Alv) 27.80, Will Coxon (Cent) 28.83

400m hurdles Lawrence Hopkins (Alv) 59.33, Tommy Lees (Cent) 60.66, Bonnor Sullivan (Cent) 63.77, Jake Bruchez (Alv) 64.36

3000m steeplechase (run with Blues race, see above)

High Jump Ade Okuwoga (Cent) 1.85, Ethan Sorrell (Alv) 1.80, Peter Merritt (Cent) 1.80, Nick Fradgley (Alv) 1.65

Pole Vault (non-scoring) Sam Plummer (Alv) 3.00, Sam Lloyd (Alv) 2.50

Long Jump Dan Gregory (Cent) 6.29, Elliott Baines (Alv) 6.18, Tomas Marino (Alv) 6.02, Dan Lyness (Cent) 5.73

Triple Jump Oliver Brown (Alv) 13.25, Tom Carey (Alv) 12.99, Tim Chan (Cent) 12.51, Dan Lyness (Cent) 12.35

Shot Fergus Imrie (Cent) 11.46, Christoph Klein (Alv) 11.32, Vikram Thakur (Alv) 11.01, Aron Hegedus (Cent) 9.93

Discus Fergus Imrie (Cent) 38.38, Dan Gregory (Cent) 35.17, Tomas Marino (Alv) 32.68, Christoph Klein (Alv) 32.50

Hammer Fergus Imrie (Cent) 36.08, Adam Rochussen (Alv) 32.42, Stewart Humble (Cent) 29.75, Toby Twentyman (Alv) 27.82

Javelin Hunter Heenan-Jamil (Cent) 49.81, Daniel Stoller (Cent) 49.35, Josh Maiklem (Alv) 44.09, Elliott Baines (Alv) 30.90

4 x 100m relay (run with Blues race; see above)

4 x 400m relay (run with Blues race; see above)

The match saw real-time online reporting of results for the first time, arranged by Andy Robinson and OpenTrack, enabling the action to be followed from around the world as it unfolded.

Result: Centipedes 111, Alverstone 90





MILLIPEDES V ALLIGATORS

100m (wind +1.1) Gabby Craft (All) 12.79, Holly Skinner (Mill) 12.90, Shakira Mahadeva (Mill) 13.05, Lauren Howells (All) 13.26

200m (wind +0.2) Gabby Craft (All) 26.68, Isabella Busa (Mill) 26.82, Lauren Howells (All) 27.18, Tayo Ward-Brew (Mill) 28.14

400m Erica Wallace (All) 59.41, Isabella Busa (Mill) 61.01, Saskia Krefting (Mill) 61.59, Belinda Clark (All) 63.22

800m Niamh Bridson-Hubbard (All) 2:21.36, Emily Hoogkamer (Mill) 2:23.05, Sophie Dowle (All) 2:23.52, Natalie Beadle (Mill) 2:31.63

4:55.32, Cecile Anderson (Mill) 5:00.71, Felicity Williamson-Sarll (All) 5:08.54, Libby Brown (Mill) 5:14.58

5000m (run with Blues race; see above)

100m hurdles (wind +1.4) Hannah Haugvik (All) 17.25, Emma Roberts (Mill) 17.33, Hannah Badger (All) 18.44, Alice Semark (Mill) 18.74

200m hurdles (wind +0.5) Emma Roberts (Mill) 32.89, Hannah Haugvik (All) 33.01, Alice Semark (Mill) 33.68 [Christina Okafor (All) disqualified for pushing hurdle over by hand]

400m hurdles Saskia Krefting (Mill) 69.30, Christina Okafor (All) 73.07, Eliza Bond (All) 73.74, Leila Legris (Mill) 84.35

2000m steeplechase (run with Blues race; see above)

High Jump Amelia Inglis (Mill) 1.50, Hannah Haugvik (All) 1.45, Leila Legris (Mill) 1.40, Magda Cienciala (All) 1.35

Pole Vault (non-scoring) Rebecca Martin (All) 2.20, Louisa Snape (All) 2.10

Long Jump Magda Ciencala (All) 5.09, Holly Skinner (Mill) 4.95, Chantelle Caines (All) 4.65, Zoe Nunn (Mill) 4.36

Triple Jump Holly Skinner (Mill) 10.76, Rosanna Hurst (All) 9.42, Pollyanna Baxter (All) 8.45, Rose Crosby (Mill) 7.96

Shot Crystalina Guo (Mill) 9.90, Lauren Crist (Mill) 9.46, Hetta Friend (All) 8.44, Colette Watt (All) 8.21

Discus Lauren Crist (Mill) 33.57, Crystalina Guo (Mill) 31.54, Rachel Elwood (All) 28.69. Laura Foster (All) 21.57

Hammer Lauren Crist (Mill) 32.57, Caitlin Shepperson (Mill) 29.38, Charlotte Spruzen (All) 20.84, Alexia Wilson (All) 17.10 Javelin Emily Hoogkammer (Mill) 32.16, Laragh Harvey-Kelly (All) 30.72, Becky Robinson (Mill) 28.45 [Amy Edwards (All) all no throws]

4 x 100m relay (run with Blues race; see above)

4 x 400m relay (run with Blues race;

see above)

Result: Oxford Millipedes 110, Cambridge Alligators 89



INVITATION 3000M RACES

3000m (A race): Jonathan Escalente-Phillips (CUHH) 8:45.75, Robbie Brown (OUAC) 8:48.19, Jose Gray (CUHH) 8:50.30, Daniel Slater (CUHH) 9:07.16, Su-Min Lee (CUHH) 9:11.23, Dominic Jaques (CUHH) 9:20.55, Joseph Woods (OUCCC) 9:24.20, Mark Poynting (CUHH) 9:25.99, Luke Fisher (CUHH) 9:30.45, Saeed Kayhanian (CUHH) 9:41.22, Luuk Metsalaar (OUCCC) 9:44.86, Daniel Bundred (OUCCC) 9:51.82, Jake Jansen (Blyth) 9:54.28, Robert Perry (CUHH) 9:59.65

3000m (B race): Lawrence Hollom (CUHH) 9:44.29, Joshua Harris (CUHH) 9:53.82, Tibo Rushbrooke (CUHH) 10:00.99, Toby Speirs (CUHH) 10:02.22, Will Shardlow (OUCCC) 10:05.30, Jeremy Taylor (CUHH) 10:08.39, Vincent Goodwin (CUHH) 10:23.05, Henry Elston (CUHH) 11:01.24, Athanasios Ntelezos (CUHH) 11:15.47, Tilly Woods (OUCCC, woman) 11:35.77, Lauren Holmes (CUAC, woman) 11:43.27, Heather Corden (CUHH, woman) 11:46.87, Eleanor Hammond (CUHH woman) 11:49.55, Helen Ockenden (CUHH, woman) 12:08.77, Napier Fuller (CUAC) 13:05.84, Isobel Crabbe (CUHH, woman) 13:24.3-

CJRT 25.6.2019

Photos: Andy Hodge





ACHILLES

CLUB NEWS



Jeff Bowen reports from Australia that Cecil Walkley (above—Downing 1949) turned 90 in April is still running on a competitive basis. Perhaps the Club's oldest active member? The mild climate in Perth allows for track & field competitions to be held throughout the year. Cecil turns out every Thursday evening to run Masters events which can range from 60m to 2000m. At the time of Jeff's message Cecil had already broken the Western Australia M90 One Mile RECORD.

Dani Chattenton enjoyed a superb summer, gaining the bronze medal at the BRITISH CHAMPIONSHIPS 1500m, and gaining selection for the UNIVERSIADE in Naples where, with Achilles financial support, she finished 8th in the final.

Also at the British Championships Nancy Scott placed 4th in the steeplechase. At 5000m Jake Shelley was 5th, Matt Leach 7th, Andy Heyes 10th and Phillip Crout 11th (that's 5 Achilles runners among 12 finishers). Naomi aschimowitz was 13th in brutally hot 5000m. There was a PB for Izzy Dye in heats of the 1500m races which also featuring Emily Ruane, Jeremy Dempsey and Miles Weatherseed. Samuel Clarke; ran the 400 hurdles heats, Montana Jackson. The 100m heats, and Isaac Kitchen-Smith the 100m

At the UK U20/U23 CHAMPION-SHIPS, Eleanor Bolton and Charlotte Dannatt took hard fought Silver and Bronze respectively in the U23 5000m.

Nancy Scott picked up an U23 3000m steeplechase Bronze to go with her U20 Silver from 2018. Maddie Smith was 4th in the U23 Triple Jump. Esther Leong added 26cm to her Pole Vault PB with a 3.90m jump to place her 5th in the U23 Championships, a new ACHILLES CLUB RECORD.

The LOUGHBOROUGH BMC GRAND PRIX saw some great performances, led by Varsity Match stars Oliver Fox and Isabelle Scott Oliver came close to breaking 14 minutes in the 5000m decade with 14:00.19. Isabelle finished 4th in the A race in 2:06.92 beating an Irish Olympian.



Bijan Mazaheri made a big breakthrough at the CHICAGO MARATHON: 2:15.25 to qualify for the US OLYMPIC TRIALS



Jon Ridgeon, silver medallist at the 1987 World Championships and gold medallist at the 1987 Universiade, is now at the forefront of world athletics as CEO of THE IAAF.



Matt Leach and his father Andrew broke the WORLD RECORD for fastest father/son Half Marathons in the same race at Houston in January 2020. Andrew ran 71:10 at 56 years old, while Matt ran a 62:57 PB





Oxford women placed 4th, and Cambridge's B race men took bronze, with Oxford's **Noah Hurton** 2nd individual.



OUAC 4x4 legends **Caspar Eliot** (PB 48.79), **George Gundle** (48.27), **Ralph Eliot** (48.7R), **Adam McBraida** (48.67) and **Sam Wareham** (48.3R), making their TV debut on BBC2's EGGHEADS (SERIES 20 EPISODE 50), and establishing an illustrious tradition of Achilles winners (cf **Hugh Baker**, Series 19 Episode 3).

Three OUAC Presidents among them and BUCS Silver Medallists in 2013 with 3:15.27. A great run out from the old team!



A challenge for the relay teams at FEAR: this is the 50th anniversary of CUAC setting what is still a UK U23 4 x 800M RECORD: 7:37.6y (Ross Moughtin 1:54.1, Max Harris 1:56.7, David Wilkinson 1:53.9, Richard Green 1:52.9)

1919 - 2019





Sharon White, 4th in the Varsity 100m in 1986 for CUAC, 4th at 200m in 1987 and in the winning 4 x 100m team in 1987 has been made a Dame in the QUEEN'S NEW YEAR HONOURS for public service as chief executive of Ofcom.



Will Mycroft capped another year of improvement with third at the (shortened) ENG-LAND HALF MARATHON CHAMPS IN 1:05:16



In the EUROPEAN BIATHLE CHAMPIONSHIPS (run-swimrun), 1983 OUAC President John McCabe won gold for GB in the mixed V60 relay. The longer individual race next day proved more challenging and after leading into the water John finished 5th overall.



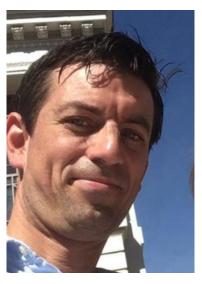


At the European Masters Championships, golds were won by **Simon Baines** in the M45 10k and **John Moreland** in the M60 discus.





Congratulations to John Pemberton, winner of the wartime Varsity Cross Country of 1942, who celebrated his 100th birth-DAY in August with a message from the Queen



OUAC 400m legend Nick Hamilton writes: "I won my first national medal today in the British Masters 10k (held conveniently in Blyth 3 weeks after my 40th birthday!) - I outsprinted 4th place in the final 100. Just as well I found some of that old speed! Interestingly the whole race was won by current Oxford student, Noah Hurton, who along with Joseph Woods (16th and first Blyth runner home) recognised my Achilles vest afterwards."



Gemma Game placed a remarkable 3rd in the gruelling MARATHON DES SABLES



Alex Bampton represented England in the Rennes 10k

Natalie Christopher

Linacre College, Oxford, 2008-2012. Died on 5th August 2019.



Nat Christopher competed for OUAC at sprints and hurdles from 2009 to 2012 while completing a PhD in Astrophysics. A successful and much-loved member of the club, she was a member of the Blues team for whom she competed at 100m in 2010 and at 100mH and 400mmH in 2011: she is pictured on the right with other victorious team mates holding



aloft the Relays Match trophy. Nat was a respected peace activist who had long campaigned for the reunification of Cyprus. She was killed by a falling boulder while out running on the Greek island of Ikaria.

Nat's peace activism and girls' empowerment work used sport and astronomy as ways to bring people together. I love thinking about her many passions working together in the most meaningful ways.—CLARA BLÄTTLER



Bevil Rudd Centenary Decathlons for Men and Women, Iffley Road

Thursday & Friday 20-21 August 2020

The name Bevil Rudd ranks alongside those of Harold Abrahams, David Burghley and Douglas Lowe in the annals of the Achilles Club. President of OUAC in 1920, he won gold, silver and bronze medals at the Olympics that year, and anchored an Achilles team to a world $4 \times 400 \text{m}$ record . He served, furthermore as Honorary Secretary of Achilles.

It is therefore very exciting to have been approached by members of the Rudd family including Bevil's grand-children for assistance in promoting am athletic competition to mark the centenary of his feats.

Interested in taking part? contact Teele Palumaa teelepalumaa@gmail.com

Grandson Henry Rudd and others of his generation are no mean athletes themselves, having competed in the World Masters at decathlon, that event was selected as a cornerstone of the competition, with some additional open and Rudd family races..

Achilles are excited to include the as yet rarely held Women's Decathlon. The Rudds particularly hope that both men's and women's events feature alumni and an Oxford v Cambridge TEAM CHALLENGE.







Roy Carter

1931-2019

CUAC HEAD COACH FOR OVER 30 YEARS FROM 1968.

Roy was a great enthusiast. I think the photo is of his first meeting as coach for CUAC, the relays at Iffley Road in November, 1968. Here in his mac, he watches our handover in the 4×880 . Ross Moughtin

My first experience of the Transatlantic exchange was meeting Roy and the Achilles group at Cornell in 1981, my first season in Ithaca. A wonderful guy that was full of life. I still remember how impressed I was with him, told many great tales and how important our exchange was to him. RICH BOWMAN—FORMER HEAD COACH, CORNELL.

Roy was pretty much the ONLY coach on a spongey cinder track - below is a picture of the US touring team with its <u>one</u> coach. Times change, he was a bit of a legend. BRIDGET WHEELER

RIP great man! CHINEDU NWOKORO

He was still coaching and offering use of his gym and physio facilities to Cambridge athletes till the late 90s. He helped me, a sprinter, get over a couple of injuries and back on the track. At that point he was only coaching the hammer throwers but was happy to help anyone who wanted. He had an incredible ability to break down the fundamentals of any sport and find a way to teach them. At that time he was coaching at the national or international level athletes, rugby players, cricketers, water skiers and I'm sure others I didn't meet. A truly great man. DAVID S GARDINER

Thanks so much for passing on the sad news of Roy's death. As I type this, his image is looking down on me from the 1982 Cambridge Blues Team photo that sits above my desk at work and a host of happy memories of riotously funny evenings at his house in Cottenham, fuelled by some distinctly non-isotonic beverages, come flooding back. I owe him a huge personal debt for steering my very modest hurdling abilities far enough to reach the Blues standard. He also imbued me with a lifelong running habit. This coming weekend I'm running the Paris Marathon with my son and as the going gets tough towards the end, I'll summon up the Carter spirit to get me to the finish. Tony Ploszajski (CUAC PRESIDENT 1982)

Roy was very generous in packing us into his car for trips to such places as Crystal Palace and Hurlingham. I visited Roy in Cottenham a couple of times some 15 plus years after University activities, following old boys' rugby matches and minor injuries. I drove through Cottenham the other day and wondered how he might be. MIKE STONE

I have many happy memories of Roy and Brenda and their family and am very sad to hear of his passing. He was a great coach, enthusiast and wonderful man. COLIN SHAW

I believed Roy had a special affection for coaching the hammer throw - given the (unpaid, no doubt) hours he spent with us, in all weathers, with his invariable gusto, at Milton Road. But perhaps he made all his athletes feel like that. NIGEL SPIVEY

I was greatly saddened to learn about the passing away of Roy. I had a number of coaches during my athletic days, but Roy Carter stands tall and indelible in my recollection: always buoyant and inspiring, even in the face of inclement weather. He inspired and encouraged every athlete under his watch to give of his best. He was always personable and supportive, both on and off the track. Not long ago, I was inquiring about his whereabouts. He was an asset to CUAC. May his soul Rest In Peace. Abdulai Conteh

I got to know Roy well during my long stint in the team during the 1970s and on the US tours during that period. Always enthusiastic and encouraging - and devoted to the long-term interests and development of CUAC. A great character in the sport, who will be sorely missed. RICHARD HEALEY

It's only a couple of months since I googled Roy's name! I was given some advice by Alan Malcolm in my first year but it was under Roy that I improved rapidly. I won two varsity high hurdles and got a AAA vest - thanks to Roy. JOHN CROSSMAN









I swam into Roy's orbit in 1968. He was a ever present man at training and competition and celebrations of all sorts. Always personable and yet professional. Above all his benign, smiling presence with his characteristic local burr was a huge encouragement which brought out the best in everybody. Rest in peace, Roy; you left a legacy in CUAC! MARTIN WINBOLT LEWIS

Sad news indeed. He was a legend and hugely proud of his role. TREVOR LLEW-ELYN (CUAC PRESIDENT 1983)

Roy Carter's infectious enthusiasm and dedication will remain with all of us (former) Cambridge athletes who experienced it. With limited and occasional assistance from a few specialist coaches who appeared at Milton Road, Roy coached CUAC alone, in sharp contrast to Harvard, Yale, Penn and Cornell with tribes of coaches whose number and style seemed so overbearing, and still does. Roy focussed on our general fitness rather than specific styles and

techniques. He furthered this focus by converting much of his large home in Cottenham to a gymnasium.

Health issues surrounded Roy and his wife Brenda for decades, losing two children to nephritis, an issue that was plain even in 1970 when we first knew and worked with Roy. He did not let that deter him and he always gave much more than he got back. NEVILLE NORMAN

I last saw Roy in 2005 in a restaurant in The

I think he was wintering Gambia! there. I went over to say hello and he immediately introduced me to his table as one of an amazing 4x100m relay team he had coached. It included Dai [Dave] Roberts so we must have been pretty I suppose it was an Oxford/ Cambridge team in the American series but I confess I couldn't remember. It was clear though that Roy had a vivid memory of the squad and was proud of how quick and slick we had been. He was also joint coach, with Mack, on the 1978 Achilles tour to Australia and Singapore. He will be remembered not only in Cambridge. Steve White (OUAC Presi-DENT 1974)

I remember Roy with great affection, especially for his kindly support and encouragement during my brief second varsity career on the track, at CUAC. How lovely to have a legacy of such benevolence, with all who knew him. JOHN HEMERY

I have great memories of Roy coaching us in 1968-70. He was an inspiration to us all. So sad that both he and his wife developed dementia: as a neurologist I really hope the we can one day prevent this affliction. NIALL QUINN

Very sorry to hear of Roy's death, although I suspect that with progressive dementia it also brings welcome news

to some. I saw him last at a Varsity match some years ago and he didn't remember me at all then. Very sorry to hear that Brenda is now similarly afflicted.

Roy was really the only coach who ever guided my running, and if I were still able to run I would also be following some of his guidelines. Always cheerful and positive and always ready to turn out in any conditions - and, goodness knows, Sunday mornings at Milton Road could be pretty unpleasant. Also, he welcomed Cambridge athletes into his home and his family were always welcoming and friendly. I remember him being delighted to be asked to accompany the 1973 Achilles tour to the US, and he looked after his charges conscientiously, contributing to a memorable trip.

You've sparked some happy memories here, despite the sadness. Tony MARTIN (CUAC PRESIDENT 1973)

I first met Roy the Easter of 1968 at an



CUAC AT ROY'S FUNERAL: Paul Willcox, Dick Saunders, Tony Plozsjaski, Brian Jones, Ben Bolton-Maggs, Bridget Wheeler, Sue Bevan, Nigel Spivey, Bob Smith and Tony Shiret. Tributes from Brian Jones and Neville Norman (in absentia) were among the many from a wide range of sports.

Eastern Counties Schools athletes training camp. This was held at the Milton Road track, and we all slept in the hall of the school there. I told Roy that I was coming to Cambridge that Autumn, which encouraged him, I think.

Roy was the only coach for CUAC whilst I was there, although Alan Malcolm used to give advice when you went to visit him in his office in Fenner's. I think that Roy's specialty was as a hurdles coach, but he certainly was able to encourage and train others.

I have memories of the Sunday morning team training sessions up at the Milton Road track come rain or hail or snow. The other memory is going out to his school in an evening in the Lent term and doing an exhaustive form of circuit training, ending up with us all going to the King's corner house for the chicken livers and chips!

Having been on the East Anglian young athletes course as a pupil, Roy asked me to come as the sprint coach in 1970! So I spent part of my Easter vacation sleeping on a camp bed in the school. BEN BOLTON-MAGGS

Very sad news indeed. I have fond memories of Roy at Milton Road and during matches. Peter English

Rich and fondest memories. PAUL OR-CHART (CUAC PRESIDENT 1974) I remember working out at his house to rehabilitate an injury, and getting some manual therapy to strip out some scar tissue. A technique that was probably before its time. Jerry Rose

He was such a dynamic character and, although demanding very high standards, always gave fantastic encouragement. I would not probably have taken up athletics at Cambridge if it hadn't been for him. He dragged me out of inter-College athletics in 1970 and said he wanted to train me! I was only a mediocre 400m runner at the time so he turned me into a hurdler. He was an unforgettable coach and the world has lost a real big hearted man. ROBERT FORBER

I remember Roy well and am thankful to him for selecting me to go to the US in 1973. TIM LINTOTT

Roy was the only athletics coach on the 1981 tour to the USA [which Tim led]. This was the first tour with female athletes and the first tour to take-place March/April before the Varsity Match.

On the tour Roy was accompanied by Brenda. The three of us were the only non-students so we spent a great deal of time together. Roy and Brenda were an extremely well-balanced,

warm and pleasant couple. We got-on very well together. Roy gave a huge amount of himself to coaching and advising team members from both universities, and was a great ambassador when meeting and dealing with the

US T&F coaches (a competitive lot). He was, in short, a lovely man, who I felt honoured to get to know. TIM TAYLOR

Roy played a huge part in CUAC's successes over many years, motivating and instilling confidence into his teams through his infectious enthusiasm and can-do attitude. He was generous in his encouragement of his rival OUAC athletes, and along with Captain Mack played a key role in the outstanding Achilles tour to Australia and Singapore in 1978, where OUAC and CUAC athletes gelled to form a formidable team under their leadership. JULIAN GOATER (OUAC PRESIDENT 1975)

I have such fond memories of Roy. He was showing signs of memory loss at the Varsity Match when we saw him last, but he was still loving watching the action! DICK SAUNDERS

I owe Roy a great personal debt: he was my first coach, nurtured what little talent I had, and reinforced a love for the sport which endures in me to this day. I am conscious of still following some of Roy's schedules and sessions. He added enormously the satisfaction and enjoyment which so many of us got, and still get, out of our sport. PAUL WILLCOX

Henry Parker

KEBLE COLLEGE, OXFORD, 1947-51. DIED IN NOVEMBER 2018.

HI Parker placed 3rd in the 440y at the Varsity Sports of 1950 in 50.6, and placed 4th against the visiting team from Princeton & Cornell in July of that year. The following year he ran the same time at the Varsity Sports to finish 4th in 'Cold, Sleet and Fog', typical conditions for the early March scheduling of matches at that time.

Bryan Wardley

SELWYN COLLEGE, CAMBRIDGE, 1955-58, HAS DIED.

Bryan E Wardley won the high jump at the Varsity Sports of 1958, his third appearance in the match, clearing 6'1".

Alan Reich

Magdalen College. Oxford, 1952-55, died on 8th November 2005.

Alan Anderson Reich won the javelin at the Varsity Sports of 1953, throwing 189'9". He also won against Yale & West Point during the Transatlantic Tour that year.

In 1962 Alana sustained severe spinal injuries in a diving accident, making him a wheelchair user for the rest of his life,

He became a pioneer of the Disability Rights Movement in the USA, and was awarded the George Bush Medal.

John Fairgrieve

GONVILLE & CAIUS COLLEGE, CAMBRIDGE, 1944-47. DIED ON 20TH JULY 2014





Dr J Fairgrieve MChir FRCS was one of the country's foremost sprinters immediately after the Second World War. John represented Great Britain over 200m against France in 1947 and at the Olympic Games of 1948. He won the Varsity Sports 100y in 1946 and in 1947 won the 100y and the inaugural (yes, it was not contested until then) 220y and placed 2nd in the 440y. He was also a Rugby Football Blue.

Alastair, Viscount Waverley

PEMBROKE COLLEGE, CAMBRIDGE, 1930-1937, DIED IN 1990.

David Alastair Pearson Anderson, 2nd Viscount Waverley, MA, MB, BChir, FRCP, MRCS, LRCP, was elected to the Club in 1933.

John Polgreen

MAGDALENE COLLEGE, CAMBRIDGE, 1961-64, DIED ON 4TH NOVEMBER 2019.





DJ Polgreen enjoyed a life-long love of athletics: he placed 11th for Cambridge in the Varsity Cross Country of 1963, competed for England as a veteran and was a stalwart of distance running around Oxford where he lived and taught.

Nigel Ryan

THE QUEEN'S COLLEGE, OXFORD, 1949-1952, DIED ON 18TH JULY 2014.



CNJ Ryan CBE went on to a successful career as the editor of ITN who consolidated 'News at Ten', launched 'First Report' and put more female journalists on screen

Iohn Newell-Price

SIDNEY SUSSEX COLLEGE, CAMBRIDGE, 1947-50, HAS DIED.

Dr John C Newell-Price placed 3rd in the discus at the Varsity Sports of 1950.



VARSITY FIELD EVENTS AND RELAYS MATCHES

Lee Valley Sports Centre, 3 March 2019



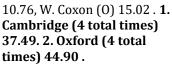
MEN'S RELAYS (OXFORD WIN 5-1)

60m (run as 3 heats, with the 4 best, of 5, University times totalled to determine the result). Race 1: J. Walden (CUAC) 7.00, I. Kitchen-Smith (OUAC) 7.04, H. Steel (OUAC) 7.18, J. Chu (CUAC) 7.21, K. Opara (CUAC) 7.50. Race 2: J. Bright-Davies (OUAC) 7.26, A. Ejemai (CUAC) 7.27, J. Leung (OUAC) 7.39, H. Salt (OUAC) 7.48, D. Nembhard (CUAC) 7.56, J. Tufnell (OUAC)

7.78. Guests race: S. Brown (CUAC) 7.63, R. Kirkham (OUAC) 7.67, E. Penney (CUAC) 7.85, C. Will (OUAC) 7.87.. **Oxford 4 best times 28.87. Cambridge 4 best times 28.98.. 4x 200m.** 1. Oxford 1:31.18 (M. Newton 23.0, R. Llyr 22.9, D. Gregory 23.0, H. Steel 22.4). 2. Cambridge 1:35.12 (J. Chu 23.5, x 23.9, x 24.5, J. Walden 23.4). 3. Oxford "B" 1:37.60 (J. Leung 24.4, R. Kirkham 24.5, W. Coxon

24.4, J. Tufnell 24.4) . . 4 x 400m. 1. Oxford 3:21.58 (M. Newton 50.7, H. Steel 50.7, C. Bain 49.3, R. Llyr 51.0). 2. Cambridge 3:23.68 (B. Matthews 51.0, A. Puleo 51.8, J. Burton 50.8, S. Day 50.1). 3. Cambridge "B" 3:32.06 (J. Mitchell 52.9, G. Pugh 53.4, S. Clarke 51.7, A. Taylor 54.2). 4. Oxford "B" 3:32.11 (B. Sullivan 53.7, M. Buckley 51.4, M. Hubner 53.7, W. Coxon 53.4). . 4x800m. 1. Oxford 7:49.41 (N. Mapperley 1:57.8, S. Brown-Araujo 1:57.0, T. Ralph 1:55.8, M. Weatherseed 1:58.8). 2. Cambridge 7:55.46 (J. Dempsey 1:57.9, H. Cox 2:01.0, Z, Howe 1:57.5, J. Coxon 1:59.2). 3. Cambridge "B" 8:32.96 (A. Aiyar-Majeed, J. Jollins, M. Roberton, A. Kapila). Oxford "B" did not finish a team (B. Passey, L. Doughty).. Distance Medley (1200m x 400m x 800m x 1600m). 1. Oxford 10:26.55 inaugural record (C. Sneddon 3:12.5, M. Buckley 51.0, M. Weatherseed 1:56.5, . A. Gruen 4:27.8 - these do not add up to the finishing time). 2. Cambridge 10:27.55 (J. Coxon 3:13.1, J. Burton 50.8, H. Cox 1:55.2, J. Dempsey 4:28.6) . . **5000m** (nonscoring). 1. P. Crout (C) 14:43.54. 2. N. Shreeve (C) 14:44.12. 3. P. Cameron (C) 15:28.46. J. Millar (Oxford) and L. Cotter (Oxford) did not finish. . 60m hurdles (run as 2 heats, with the 4 best, of 5. University times totalled to determine the result) . Race 1: H. Salt (0) 8.66, S. Clark (C) 8.75, E. Baines (C) 9.26. D.Gregory (0) 9.78, B. Strickland-Bennett (0) 11.44. Race 2: J. Wickham (C) 9.28, G. Klobe (C) 10.20, L. Hopkins (C)





MEN'S FIELD EVENTS (OXFORD WIN 5-3)

High Jump. 1. Cambridge 7.47 (G. Klobe 1.92, You Xuan 1.89, E. Sorrell 1.86, T. Marino 1.80). 2. Oxford 7.09 (C. Everett 1.89, D. Gregory 1.75, P. Merritt 1.75, D. Reedy 1.70). . Pole Vault. 1. Cambridge 13.90 (C. Court 4.50, F. Bunbury 4.00, S. Plummer 3.00, S. Lloyd 2.40). 2. Oxford 6.30 (S. Martin 4.20, B. Strickland-Bennett 2.10) .. Long Jump. 1. Oxford 24.75 (D. Smith 6.79, J. Bright-Davies 6.51, D. Lyness 5.82, J. Ejinkonye 5.63). 2. Cambridge 24.20 (A. Ejemai 6.22, D. Mafullul 6.01, M. Moore 6.01, O. Brown 5.96). . Triple **Jump.** 1. Oxford 51.78 (J. Bright-Davies 13.97, D. Smith 13.14, T. Chan 12.69, J. Ejinkonye 11.98). 2. Cambridge 51.17 (R. Morgan 13.08, A. Ejemai 13.03, T. Carey 12.60, O. Brown 12.46) . . Shot Putt. 1. Oxford 49.55 (J. Paget 14.01, M. Painter 12.67, F. Imrie 11.48, A. Hegedus 11.39). 2. Cambridge 47.22 (T. Riley 12.94, M. Maruszczak 12.90. S. Hill 11.16, R. Croft 10.22) .. Discus (outdoors). 1. Oxford 140.93 (M. Painter 40.00, F. Imrie 36.25, J. Paget 35.92, A. Hegedus 28.76). 2. Cambridge 135.17 (T. Marino 36.10, S. Hill

33.40, T. Riley 32.85, M. Maruszczak 32.82). . Hammer (outdoors) . 1. Oxford 151.94 (M. Painter 52.19, J. Paget 45.84, F. Imrie 29.27, A. Hegedus 24.64). 2. Cambridge 138.05 (M. Croft 43.28, R. Croft 41.79, A. Rochusson 29.54, T. Thirtyman 23.44). Guest: S. Humble (0) 21.63.. Javelin (outdoors). 1. Cambridge 179.95 (J. Compton-Stewart 52.22, T. Riley 44.96, J. Maiklem 41.92, T. Marino 40.85). 2. Oxford 175.23 (C. Whitehead 53.45, H. Heenan-Jalil 43.94, D. Gregory 39.58, J. Fisher 38.26). Guests G. Sulley (Oxford) 29.03.

WOMEN'S RELAYS (TIE 3-3)

60m (run as 3 heats, with the 4best, of 5, University times totalled to determine the result). Race 1: M. Aiyeola (C) 7.64 **record**, T. Adebeyo (C) 8.19, K. Hannawan (0) 8.22, M. Cienciala (C) 8.26, [H. Skinner (0) disqualified]. Race 2: G. Craft (C) 8.10, S. Hubbard (O) 8.29, P. Maton (O) 8.44, S. Mahadeva (0) 8.44, N. Jafree (C) 8.82.1. Cambridge (4 total times) 32.19. 2. Oxford (4 total times) 33.39 . . 4x200m. 1. 0xford 1:45.46 (S. Mahadeva 28.2, I. Busa 26.2, S. Hubbard 25.8, S. Haldane 25.4). 2. Cambridge 1:45.98 (G. Craft 27.3, L. Howells 27.2, O. Anderson 26.4, M. Aiyeola 25.1). 3. Oxford "B"

1:53.99 (K. Hannawin 28.0, J. McCarthy 29.9, A. Semark 28.1, E. Duck 28.0) . . 4x400m. 1. Oxford 4:00.12 (S. Hubbard 59.6, I. Busa 60.5. A. Harray 60.4, S. Haldane 59.8). 2. Cambridge 4:06.57 (B. Clark 64.1, O. Anderson 59.1, A. Burchill 63.7, C. Marriott 59.7). 3. Cambridge "B" 4:34.44 (E. Bond 68.4, C. Okafor 66.5, P. Baker 73.3, M. Stevens 66.9).. 4x800m. 1. Cambridge 9:18.13 **record** (S. Dowles 2.19.5, A. Gompers 2:19.1, E. Witts 2:22.8, I. Dye 2:17.2). 2. Oxford 10:12.58 (2:27.8, 2:34.9, 2:31.1, 2:28.8 - L. Brown, N. Beadle, M. Turner, A. Harray)... Distance Medley (1200 x 400 x 800 x 1600). 1. Cambridge 12:27.40 **record** (K. Edwards 3:47.9. E. Wallace 60.9, L. Holmes 2:37.1, I Dve 5:01.3). 2. Oxford 12:49.44 (A. Harrauy 3:47.8, S. Haldane 59.1, N. Beadle 2:34.6, M. Turner 5:28.1) ... 60m hurdles (run as 2 heats, with the 4 best, of 5, University times totalled to determine the result). Race 1: E. Thompson (OUAC) 9.69, E. Duck (OUAC) 9.82, E. Roberts (OUAC) 9.90, M. Stevens (CUAC) 10.25, H. Haugvik (CUAC) 10.52,. Race 2: H. Wigginton (OUAC) 9.62, A. Semark (OUAC) 10.31, L. Wenger (CUAC) 10.52, A. Prickett (CUAC) 10.57, A. Burchill (CUAC) 10.95 . 1. Oxford (4 total times) 39.03 record . 2. Cambridge (4 total times) 41.86.

Women's field events (Oxford win 5-3)

High Jump. 1. Oxford 5.96 (T. Palumaa 1.66, S. Hubbard 1.60, E. Thompson 1.40, G. Hansen 1.30). 2. Cambridge 5.88 (C. Drummond 1.57, L. Wenger 1.51, M. Ciencala 1.40 A. Novoa Martinez 1.40). . Pole Vault. 1. Cambridge 10.30 record (C. Billingham 2.80, J. Sheasby 2.70, R. Martin 2.60, L. Snape 2.20). 2. Oxford 8.70 (E. Thompson 2.20, H. Hurst 2.20, K. Dangas 2.20, K. Kelly 2.10). . Long Jump. 1. Cambridge 20.16 record (M. Adeniji 5.58, T. Adebeyo 4.93, C. Caines 4.89, M. Ciencala 4.76). 2. Oxford 18.50 (M. Smith 5.41, P. Maton 4.88, H. Skinner 4.68, S. Derrington 3.53). Guests: C. Antoniu (C) 4.13... Triple Jump. 1. Oxford 40.64







(M. Smith 11.69, H. Skinner 10.35, A. Harray 10.03 S. Derrington 8.57). 2. Cambridge 39.95 (M. Adeniji 11.67, O. Shallcross 9.88, A-M. Browning 9.46, C. Antoniu 8.94)... **Shot Putt.** 1. Oxford 40.09 (K. Den-

nison 11.11, K. Kelly 9.87, J. Richards 9.62, L. Crist 9.49) . 2. Cambridge 37.40 (C. James 10.55, A Novoa Martinez 9.47, B. Fryer 9.31, M. Bevan 8.07) . . **Discus** (outdoors) . 1. Oxford 132.06 inaugural record (J. Richards 34.78, L. Crist 34.56, T. Palumaa 33.02, K. Dennison 29.70). 2. Cambridge 112.86 (B. Fryer 39.44, R. Elwood 28.13, L.Wenger 23.79, C. James 21.50). Guest C. Guo (Oxford) 31.27. . **Hammer** (outdoors). 1. Oxford 132.58 inaugural record (J. Richards 37.40, C. Guo 35.82, L. Crist 31.13, C. Shepperson 28.21). 2. Cambridge 115--(C. James 38.70, B. Fryer 29.34, C. Billingham 26.--, E. Thurston 21.22). . **Javelin** (outdoors). 1. Cambridge 116.27 inaugural record (A. Novoa Martinez 34.06, M. Bevan 30.99, F. Cochrane 27.85, C. Watt 23.37). 2. Oxford 115.84 (A. Jones 33.41, T. Palumaa 31.65, E. Hoogkamer 30.54, C. Guo 20.24).

CJRT 24.3.2019

NEW MEMBERS

We warmly welcome the following:-

Ivo Andrews: St Anne's College Oxford Oliver Brown: Jesus College Cambridge Max Buckley: Magdalen College Oxford Douglas Buisson: Trinity College Cambridge Gabby Craft: Girton College Cambridge

Marit de Roij: St Antony's College Oxford

Stephanie Derrington: St Hugh's College Oxford Brigid Eades: Homerton College Cambridge Annika Gompers: Lucy Cavendish Cambridge

Jason Grant: Wycliffe Hall Oxford Alice Harray: Worcester College Oxford Tim Harrison: Keble College Oxford

Lauren Holmes : St John's College Cambridge

Heidi Hurst: Merton College Oxford

Cara James : Jesus College Cambridge Abi Jones : St Edmund Hall Oxford

Ricky Kawagishi: Robinson College Cambridge

Samuel Liu: Somerville College Oxford Dan Lyness: Wadham College Oxford

Yannick Markhof: St Antony's College Oxford Kenneth Marshall: Exeter College Oxford Eve Morris-Gray: St John's College Oxford

Dan Poh: Wolfson College Oxford
Toby Ralph: Magdalen College Oxford
Maddie Smith: St Anne's College Oxford
Mike Thornton: Lincoln College Oxford
You Xuan Thung: Sidney Sussex Cambridge
Lion Uhl: Green Templeton College Oxford

LICC MATCHES

LEE VALLEY - SATURDAY 20 APRIL 2019

400m Hurdles Men race 2 ,3 Ronan Llyr Sen M 58.00 , 110m Hurdles race 2 2.8

M/S ,3 Harry Salt Sen M 16.00 ,4 Jack Wickham Sen M 16.23 , 100m Hurdles SW 0.4 M/S ,3 Lea Wenger Sen W 17.69 , , 100m SW 1.0 M/S ,6 Katie Hannawin Sen W 12.86 , 100m race 1 -1.5 M/S ,2 Kaesi Opara Sen M 11.17 ,3 Tariq Wild







U17 M 11.20, 100m race 2 0.0 M/S,5 Daniel Gregory Sen M 11.45, 100m race 4 1.5 M/S ,7 Harry Salt Sen M 11.68, 100m race 5 1.1 M/S,4 Donte Nembhard Sen M 12.02, 100m race 6 0.8 M/S .6 lack Wickham Sen M 12.01 . 400m race 4,4 Cameron Bain U23 M 49.69,5 Matt Newton Sen M 50.15, 400m race 5,2 Hugh Baker Sen M 51.17,5 Bonnor Sullivan Sen M 52.27, 400m race 6,5 Thomas Renshaw Sen M 54.75, 200m race 6 2.0 M/S, 3 Kaesi Opara Sen M 21.94, 200m race 7 2.1 M/ S,4 Daniel Gregory Sen M 23.02, 200m race 9 2.7 M/S,1 Matt Newton Sen M 22.05,4 Hugh Baker Sen M 23.25, 200m race 10 1.6 M/S,3 Jack Wickham Sen M 23.94, 1500m, 2 Thomas Renshaw Sen M 04:26.27, Long Jump Pool 1 WIND,6 Daniel Gregory Sen M 5.64 2.4, Triple Jump Pool 1,1 Jude Bright Davies Sen M 15.15 2.8,3 Douglas Buisson Sen M 11.21 1.7,3 Madeleine Smith Sen W 11.67 2.3, High Jump,1 Thung You Xuan Sen M 1.80, 2 Lea Wenger Sen W 1.55,4= Jennifer Sheasby Sen W 1.20, Pole Vault, 2= Bilen Ahmet Sen M 3.65,5 Douglas Buisson Sen M 3.35,2 Jennifer Sheasby Sen W 2.25, Javelin Pool 1, 2 Jennifer Sheasby Sen W 11.64,1 Arran Davis Sen M 49.50, Hammer, 1 Jack Paget Sen M 54.13,3 Emmaline Okafor U23 W 32.68, Discus Pool 2,4 Emmaline Okafor U23 W 25.79,

ALLIANZ PARK - SUNDAY 16 JUNE 2019

Pole Vault, 1 CALLUM COURT SM 4.30, 3 BILEN AHMET SM 3.80, 6 DOUGLAS BUISSON SM 2.90, 3 JENNIFER SHEAS-BY SW 2.60, Shot, 7 BO IVANOVIC M75 9.47.

Allianz Park - Sunday 27 July 2019

400m race 1,7 Matt Newton SM 50.70, 200m race 2 1.3 M/S,5 Matt Newton SM 22.50, 200m race 6 2.3 M/S,5 Lea Wenger SW 29.05, Long jump Pool 2,4 Teele Palumaa SW 4.78 0.8, High Jump,2 Lea Wenger SW 1.55, Pole Vault,2 Bilen Ahmet SM 3.80,8= Jen Sheasby SW 2.60, Javelin,1 Teele Palumaa SW 32.56, Shot,3 Teele Palumaa SW 9.74.

ALLIANZ PARK - SATURDAY 31 AUGUST 2019

400m Hurdles race 2, 7 LEA WENGER U23W 73.79, Pole Vault, 5= BILEN AHMET SM 3.60, 7 DOUGLAS BUISSON SM 3.50, 11 JEN SHEASBY SW 2.70, Hammer, 1 HELEN BROADBRIDGE SW 52.63, Discus Pool 1, 3 HELEN BROAD-BRIDGE SW 41.63, Shot, 2 HELEN BROADBRIDGE SW 11.29

Photos: Andy Hodge





Paul Vine

LINCOLN COLLEGE, OXFORD, 1949-52). DIED IN APRIL 2019



A much loved member of the Club, **Paul A.L. Vine** won both the high and the low hurdles at the Varsity Sports of 1952. He had been closely placed in both events the previous two years, holding his own against **Simon Brooks**, once described as the greatest British hurdler of all time, and the future 3 times Olympian, **Peter Hildreth**.

In 1950 Paul competed against the visiting Princeton & Cornell team, and in 1951 against Harvard & Yale, but the timing of his period at Oxford prevented him (under the rules then pertaining) from being part of a US tour team.

In 1951 Paul won the silver medal in the 110mH at the International Student Games in Luxemburg.

In 1954 Paul returned to Iffley Road to compete for the AAA in their annual fixture against OUAC. He was a disappointed last, but the very next event turned out to be one of the most famous in history, and **Roger Bannister** would ever after cheerfully point out that Paul had finished ahead of him that



Detail from the '4 Minute Mile' match programme: Roger Bannister would ever maintain that Paul finished ahead of him

epic day!

Paul was a key participant in the Achilles Scandinavian tours organised by his friend and fellow hurdler **Robert Stinson** in 1955 (when he set personal bests over 110mH and 400mH) and 1956.

It was, however, at 220y hurdles that Paul continued to excel, winning AAA titles (it was then a championship event) in both 1955 and 1956, and setting a British and European record of 23.7.

DON'T COMPETE THIS WEEK

Paul regularly enlivened Achilles reunions. At the age of 68, during the Centenary Match against Harvard & Yale in 1995, Paul was clearly some 35 years short of training. Nevertheless

he was the only participant intrepid enough line up against a super-fit Tom Blodgett in the veterans high hurdles – he got as far as the first flight before pulling a muscle rather badly, but regaled us later with the advice of the American physiotherapist who had patched him up "Don't compete again this week, sir'.

Paul was a larger than life personality whose company both Tommy and l enjoyed. JEAN MACPHERSON

Indeed an eccentric figure. I first came across him in the years 1950-2, when I was a schoolboy at Eton. He and a few other Achilles athletes (Bannister, Chataway, Hildreth among them) would come in the Spring to enjoy running on what was then considered a super fast track; also to put in a few minutes coaching boys like me. In strong contrast to Hildreth's rather earnest approach, Vine would offer some quite peculiar hurdling tips. In 1957, he asked me to run at the White City in a high hurdles relay race (for which there was little international precedent). When I queried him about this, he replied that it was our one chance to have the stadium loudspeakers sing out that we had set a new British and (subject to confirmation), World record for the event. Which indeed happened, to thunderous applause from about 20,000 clueless spectators. John Malcolm

It has always seemed to me that the 220 low hurdles was not given the attention it deserved. Paul certainly made the event his own and it was always a pleasure to watch him perform. Terence Higgins

Paul was before my time but well remembered at Iffley Road. Requiescat. HUGH PULLAN

We had a lot of fun and good times together as members of the hurdlers union! We were staying with Paul in Pulborough when we watched South Africa famously win the rugby world cup and being presented with it by Mandela shortly after he became President-just one of those things one remembers where one was when something special happens. I did

actually send him a card last Christmas but got no reply to my message about his health so I did wonder. Paul's great rival of course was Chris Higham. They used to be a pair of "lovable" rogues always winding each other up! And thereby keeping us very much entertained! JOHN METCALF

I remember Paul as a larger than life character who was certainly more than high-achieving hurdler. He had written a very popular little book on Canals, long before many were restored and reconnected into the network we have now. In fact, he probably deserves credit for focusing public attention on the need for extensive volunteer action before the decline became irreversible. ROGER LANE

I remember Paul well. Regrettably the old guard is slowly fading away, but we all have wonderful memories. MICHAEL RIEGELS

Even though I was well aware of Paul, particularly in striving to break his 220y hurdles record - my best was 23.8- I hardly ever met him.... quite an athlete and an engaging character. MICHAEL PARKER

Paul was a contemporary of mine and one of the great pot hunters of all time. I ran against him many times and, qof course, knew him well. In the photograph taken at Iffley Rd I thought at first that I was in the photograph rather than van Rossum, who looks remarkably similar in head shape, colouring and hurdling action. My wife had close look and thought it was not me, but the clincher was that I never ran with clenched fists, usually with extended hands. Paul's best victory over me was in the AAA 220 yds hurdles at the White city in 1955, when he got a remarkable start & I failed by inches to catch him. I was rewarded with a fine photograph of the Duke of Edinburgh handing me the plaque for second place. The last time I saw Paul was in Bangkok in the 1980s when he was selling Lloyds of London syndicate memberships to expats. Unluckily for him it was at a time when no barge pole was long enough to distance oneself from Lloyds. I remember him warmly and enjoyed his competitiveness and his friendship. Вов Ѕнаw

Mel Edwards

Churchill College, Cambridge, 1964-65. Died on 8th November 2019



Famed and feared for his hard training, Mel Edwards MBE was a colourful leading member of an outstanding Cambridge vintage, which included Tim **Iohnston**, the late Mike Turner, Roger Robinson, and fellow Scot Alasdair Heron. He placed second to Heron in the Varsity Cross Country of 1964. His college room was decorated with a big banner, "Kingston or Bust," expressing his goal of making the Scotland team for the 1966 Commonwealth Games.

Injuries intervened, and he transferred to the marathon, making a notable debut in 1967, winning the Harlow event by nearly five minutes in 2:18:25, which remained his best. That time ranked him fourth Briton (and Scot), behind Jim Alder, Alastair Wood and Donald Macgregor that year, and he also posted his fastest 6 miles time of 28:27.0.

After a layoff for a serious injury, Mel became a major figure in hill racing, as well as continuing to race cross-country well enough to add Scottish masters titles to the junior one he won at 18. He also became an outstanding coach, meeting organiser, and all-round inspirational figure-

David Alban

JESUS COLLEGE, CAMBRIDGE 1946-49. DIED ON 18TH SEP-TEMBER 2019





DB Alban went up to Cambridge on a full scholarship and was immediately involved in CUAC, winning a Blue for javelin.

In the Cambridge University Sports on 14 March 1946, he won with a throw of 156'10", beating his regular rival **J. Moore** of Pembroke. However, the tables were turned in the Varsity match on March 23, when Moore won with 164'10" with David second with 149'8" (the Oxford competitors **Drew** and **Marsh** were well behind). David was ranked 20th in the UK that year.

The following year saw a similar pattern. In the 1947 CU Sports David won with 145'10", Moore second with 139'8". The press made mention: "Alban and Moore resumed their 'cox and box' in the Javelin. It was Moore who won the event against Oxford last year, after being beaten by Alban in the Cambridge Sports, and it is Alban who has again won the Cambridge event this year". But in the Varsity Match (24 March 1947) Moore was again the victor, 157'5" to 139'11".

During his subsequent National Service, David was immediately first string for the Army. At one meeting the crowd had surrounded the landing area and he had to point out to the officer in charge that many of them were standing well within his range. 'Nonsense', he was told, 'get on with it'. So shrugging his shoulders he set about competing and recalled with amusement the sight of a large crowd parting like the waters of the Red Sea as his javelin arced towards them.

He was enormously proud of his Achilles Club membership and loved nothing more than perusing the Annual Report, the latest copy of which was always on his desk.



David Lloyd

Trinity Hall, Cambridge, 1950-53 Died on 17th January 2017

JD Lloyd competed over 440y at the Varsity Sports of 1952, when he placed second to Alan Dick in 50.1, and 1953, when he placed third.

Martin Davidson

University College, Oxford, 1979-83.

MP Davidson won the 200m hurdles at the Varsity Sports of 1981, defeating Ian Fenn-Tye and Peter Clarkson, and placed third in the 110m hurdles behind Carson Porteous and Chris Humphry.

Basil Wetters

Keble College, Oxford, 1950-54. Died on 1st November 2016

BDP Wetters competed over 220y in the Varsity Sports of 1952, and over 100y, placing second to Alan Sexton, and 220y, third behind Sexton and Cecil Parkinson, in 1954. Later that year he turned the tables on Sexton against Cornell & Penn at the White City ('torrential rain—track flooded'), but failed to catch the US pairing.

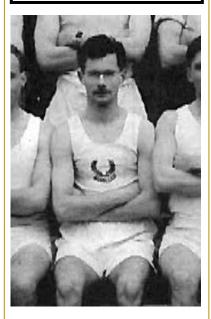
Desmond Barker

Queens' College, Cambridge 1943-45. Died in 2014.

DL Barker won the 220y Hurdles at the Wartime Varsity Sports of March 1945. He was a very generous supporter of the Achilles Trust.

Major Colin Harrison

SELWYN COLLEGE, CAMBRIDGE, 1947-50. DIED ON 21 JULY 2018.



CL Harrison had served with the Royal Artillery during the Second World War, and then became part of an operation to capture war criminals and bring them to justice.

He won the CUAC Freshmen's Sports Mile on 29 October 1947 in 4:48.4, beating Chris Brasher who won the 3 miles on the second day.

Colin was picked for the Cambridge 4 x 1 mile relay in the Oxford v Cambridge Relays match at Fenners on 14 November where he ran the first leg. Roger Bannister ran the last leg for OUAC, who won by 80 yards, in 18:46.4.

Colin came 3rd in heat 1 of the Mile in the Cambridge University Sports on 21 February 1949; and was selected for Alverstone in the then separate match against Centipedes on 20 April 1949: the mile was won in 4:39.8, with Colin second, a yard behind the winner.

Ian Hildreth

THE QUEEN'S COLLEGE, OXFORD, 1953-57. DIED ON 22ND DECEMBER 2019.



HJHC Hildreth competed for Oxford at 440y, including in the 1953 Freshmen's Varsity Sports, finishing second in a match which the Dark Blues won by 65 points to 61.

After Oxford, Jan joined Thames Hare and Hounds in October 1957. For many years, he was a regular and very enthusiastic supporter of the club. He served as a club handicapper for 4 years from 1965 to 1969 and was in the chair at the 1969 Annual Dinner (which in those days also served as the Varsity Cross-Country Race dinner), held at the Royal Automobile Club.

On the competitive side, Jan won the club's Long Distance Handicap twice, in 1983 and 2005, and the Clough-Whittome Handicap twice also, in 1987 and 1995. However, Jan's most outstanding achievement in Thames colours was to be a 25-year London Marathon Ever-Present from 1981 (when he ran 3 hours 25 minutes) until 2005. He registered his PB of 2 hours 54 minutes in 1985.

Professionally, Jan held many senior roles in his career, including with the London
Transport Executive, John
Laing, Institute of Directors (as Director-General) and Scope (as a Director). He was also a governor of Wellington College.

AMERICAN ACHILLES FOUNDATION DINNER



New York, 31 October 2019





Dr Tim Anderson

CLARE COLLEGE, CAMBRIDGE 1944-47. DIED IN SEPTEMBER 2017.



The pole vault had been discontinued at Oxford & Cambridge during the war and was not contested again at the Varsity Sports till **Tim Anderson's** final year, when he lost on countback to Danish high jump Olympian Ivor Vind.

However, he continued to compete after going down, and in 1950 at the British Empire Games in Auckland, New Zealand, Tim won the pole vault Gold Medal with 3.97 m using a bamboo pole. Two years later, he competed in the Olympic Games in Helsinki, He maintained that his choice of sport was awkward as in training he needed to travel on public transport with his 15-foot pole.

Tim was ever present at Achilles events in subsequent years, and generations of Oxbridge pole-vaulters remember him as an official at Varsity Matches.

The Reverend Nicolas Stacey

ST EDMUND HALL, OXFORD, 1948-51. DIED ON 8TH MAY 2017

Nic Stacey was perhaps the greatest of Oxford's post-war sprinters. As a freshman he set

a Varsity Sports 220y record of 22.3, was selected for the Transatlantic Series tour, and achieved a remarkable 100v and 220y 'double double' against both Harvard & Yale and Princeton & Cornell. His success earned him selection for the England team at the British Empire Games in Auckland early in 1950, where he won a silver medal in the 4 x 110y relay. He lost over 100y at that year's Varsity Sports to Keith Finlay, but retained his 220y crown, and later in the summer participated in the 3rd Achilles tour to Greece. In his final year, as President of OUAC, he improved the 220y record to 22.1 and won the 440v. In 1952 he topped the British 200m rankings with 21.5, and was selected for the Olympic Games in Helsinki where he reached the semi-finals of the 200m and was a member of the British 4 x 400m team which placed 5th.

As a parish priest Nic was ahead of his time, being the first to use his church as a youth and social club. And he carried his talent for reform into the secular world, becoming Direct of Social Services for Kent where he was the first to replace the institutionalisation of homeless teenagers with professional fostering..

Professor Norman Myers CMG

Keble College, Oxford, 1954-57. Died on 20th October 2019.

Michael Merifield

TRINITY COLLEGE, OXFORD, 1954-57. DIED IN OCTOBER 2019.

Both Norman Myers and Michael Merifield ran in the 1955 Tortoises-Spartans race, which Cambridge won by the narrowest of margin, 39 points to 40: Norman placed 4th equal and Michael 15th. Michael ran the Tortoises-Spartans race again the following year, finishing 10th in a contest which Cambridge won by 30 points to 55. Norman ran in the third team race in 1954 and again in 1957 when he placed 5th, Oxford winning by 27 points to 53.

Michael and Norman were part of the Oxford team which set what they probably did not realise at the time was an inaugural World Record for a John O'Groats to Lands End Relay.

And Norman was briefly holder of the World Record for ascending and descending Mt Kiliman-



1950: Varsity 220y at the White City: Nic Stacey defeats Keith Finlay



1956 OUAC 3 MILES:

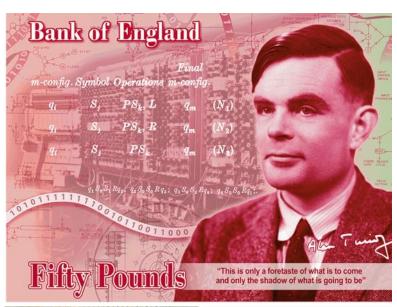
1st Ian Boyd , 2nd Norman Myers, (whose daughter Mara, now Yamauchi, followed him to Oxford), 3rd Nigel Miller, 4th one of the Merifield brothers, 5th J Milligan

jaro, 13 hrs 40 minutes—in an article for AW some years ago he pointed out that Africans now do it in well under 8 hrs,

while admitting that he himself had stopped for 40 minutes to pick wild flowers.

BANKNOTES

Alan Turing, who features on the new £50 UK banknote, is not the first member to be thus honoured. **Kamisese Mara,** who represented Oxford in the shot at the Varsity Sports of 1948 and 1949, appeared on a note in his native Fiji, where he rose to become Prime Minister and then President. **Roger Bannister's legs (!)** feature on a UK 50p coin minted in 2004 which is still in circulation.







Lt Col CJ Reidy OBE

CHRIST'S COLLEGE, CAMBRIDGE, 1945-47; DIED ON 15TH JULY 2004.





Charles Reidy had won the putting the weight competition at the first AAA junior championship at Stamford Bridge in 1931 as a member of South London Harriers. He went on to be capped at rugby for Ireland as a second row forward, was a leading discus and javelin thrower and boxed at club level as a heavyweight.

HAMMER THROWING PIONEER

Serving in Tunisia during the war he suffered head injury, losing an eye and his sense of smell.

He then used hammer throwing as a means of helping him regain strength in his upper body, arms and legs. In 1943 he built his (and the world's) first cement circle in order to maintain his physical improvement with a better quality, more consistent throwing surface (it was not until 1953 that a cement circle was used at the White City). As he improved he won the Southern title in 1946 (the first after the end of the War) and 1952.

On going up to Cambridge, he found that hammer was not an event contested during that period, but he won the discus at the Varsity Sports of 1946.

He was Irish hammer champion in 1953, and was one of the founding figures in the Hammer Circle ('The Association of British Hammer Throwers'). In the early 1950's he beat numerous hammer throwing records in the Army Athletics Championships, and in 1953 won the Services Athletics Championship at Uxbridge with a service record of 163ft 11 ½ inches. His best ever throw was 168ft/51.20m thrown in Dublin.

Later, within a few days of taking of taking up a new army appointment in the far east he had set a Malayan hammer record.



OXFORD & CAMBRIDGE V HARVARD & YALE, AND ACHILLES BALL

CAMBRIDGE, 29 JUNE 2019

Vincent Vaughns of Yale wrote:

"Though I have competed in many track meets, this one felt different. Seeing the British flags and hearing their national anthem really put everything into perspective. We were here to participate in the oldest intercollegiate competition that predates the modern day Olympics...

"Following the meet, we got to hear about all the amazing supporters and competitors who made this all possible. Names like Mark Young, Thomas Blodgett, Gabby Thomas, and Alexander Young. Without these people, HYOC 2019 would not have been as amazing as it was.

"When I was told the post meet banquet was going to be nice, that was an understatement. It was held in Trinity Hall (founded 1546) with walls wrapped with gold framed pictures of ancient rulers such as Henry VIII. The one tradition that threw me off in such a classy setting was that of racing to eat your dessert without using your hands as quickly as possible. Though I was involved in three wins earlier today, I figured I'd let the British have that one.

"The banquet lasted late into the night as I made experiences with people that I will





remember long after track is over. Seeing everyone in their college embroidered blazers all eat, talk, and dance the night away truly was a special moment. I would like to end this by saying we are all extremely fortunate to have the opportunity to attend one of these institutions. Regardless of background, race, or creed, we all came together to participate in this amazing event. Now as I lay in bed at 3am writing this awaiting my 5am departure, my heart is filled with happiness, fatigue, and an overwhelming sense of gratitude."

Weather very hot, sunny, (water supplied for distance runners)

MEN

100m (w -.1.7) Vincent Vaughns (Y) 10.86, Isaac Kitchen-Smith (O) 10.99, Kyle Macaulay (Y) 11.03, Phil Zuccaro (Y-guest) 11.29, Jeff Chu (C) 11.34, Alexander Young (Yguest) 11.39 200m (w -0.4; hand) Vincent Vaughns (Y) 22.0, Isaac Kitchen-Smith (0) 22.1, Ekrem Ayhan (H) 22.1, Harrison Steel (O) 22.7 400m (hand timed) Jovahn Williamson ((H) 48.5, Juma Sei (Y) 48.8, Cameron Bain (0) 49.4, Matthew Newton (0) 49.9, Hugh Baker (O-guest) 53.2 800m Myles Marshall (H) 1:51.40, Cameron Wyman (Y) 1:56.32, Harry Cox (C) 2:01.52, Nathan Mapperley (0) 2:04.53 Mile Allen Siegler (Y) 4:12.79, Jeremy Dempsey (C-guest) 4:14.26, Josh Carr (C) 4:16.75, Nick Dahl (Y) 4:20.99, Miles Weatherseed (0) 4:22.45 5000m (hand timed) Ollie Fox (C) 14:36.0, Kieran Tuntivade (H) 15:02.7, Jonathan Lomogda (Yguest) 15:27.2, Luke Cotter (O guest) 15:33.0, George Gathecole (C -guest) 16:10.1 10000m (mixed race) Robert Miranda (Y) 33:10.39, Cade Brown (Y) 33:12.92, David Melville (H) 34:12.83, Andrea Masterson (Y-woman) 37:03.13, Beth Murray (0-woman) 38:36.22 110mh (w -0.9) Tre Hollingsworth (H) 14.88, Sam Clarke (C) 15.62, Harry Salt (O guest) 15.86 400mh Jacob McLennan (H) 54.27, Sam Clarke (C) 54.79, Taylor Brunskole (H) 54.93, Ronan Llyr (O) 58.30 Steeplechase William Battershill











(H) 9:24.20, Jamie Parkinson (O) 9:37.33, Alex Howard (0) 9:54.09 4x100m Harvard-Yale 41.75, Oxford-Cambridge 42.00 [Oxford-Cambridge guest team disqualified] 4x400m Harvard-Yale 3:21.44, Oxford-Cambridge 3:30.35, Oxford-Cambridge guests 3:39.05 High Jump Keith McCord (Y) 2.10, Donagh Mahon (H) 2.00, Gunther Klobe (C) 1.95, You Xuan Thung (C) 1.85 Pole Vault Erick Duffy (H) 5.36 (match record), Austin Laut (Y) 5.00, Callum Court (C) 4.45, Douglas Buisson (C) 3.30 Long Jump Kyle Murphy (H) 7.28, Dan Smith (0) 6.91 w +2.1 (6.40 legal), Lorenzo Daniel (H) 6.77, Daniel Gregory (0) 6.09 w +2.7 (5.87 legal) Triple Jump Kyle Murphy (H) 15.14, Ryan Morgan (C) 13.28 [Lorenzo Daniel (H) did not register a jump] **Shot** amuel Welch (H) 15.95, Angus Lockhart (C) 14.54, Andrew Rochon (Y-guest) 14.21, Phil Zuccaro (Y) 7.77 Discus Samuel Welch (H) 59.61 (match record) [Michael Painter (0) did not register a throw] Hammer Jacob Lange (C) 57.01, Jack Paget (O) 55.56, Jack Dunn (Y) 50.92, Andrew Rochon (Y) 47.77 Javelin Caspar Whitehead (0) 60.86, John Minikus (H) 55.99, Jude Compton-Stewart (C) 55.16, Alexander Young (Y) 24.55

MEN'S RESULT (ACHILLES TRO-PHY):- HARVARD & YALE 17 WINS, OXFORD & CAMBRIDGE 3 WINS

Women

100m (w 0.0) Olivia Okoli (H) 12.07, Ngozi Musa (H) 12.17, Katie Hannawin (0) 12.97, Holly Skinner (O-guest) 13.08, Gabrielle Craft (C) 13.12 **200m** (w -1.8) Gabrielle Thomas (H-guest) 24.02, Micah Meekins (H) 25.65, Lilly Enes (Y) 25.88, Catriona Marriott (C) 26.55, Sophie Hubbard (0) 26.63, Aliyah Boshnak (Y-guest) 27.17 400m Sharelle Samuel (H) 57.30, Bridget Eades (C) 58.94, Alice Harray (O) 61.96 **800m** Isabelle Scott (0) 2:05.44, Samantha Friborg (Y) 2:06.13, Annika Gompers (C) 2:15.80 Mile Jocelyn Chau (Y) 4:50.27, Anna Juul (H) 4:53.58, Isabel Dye (C) 4:53.73, Charlotte Dannatt (0) 4:59.94, Brooke Starn (H-guest) 5.03.93, Eliza Rego (Hguest) 5:23.62 5000m Abigail GoldPat Liles outstanding performer awards:

Samuel Welch (H) and Emma Vasen (Y)

Bob Rittenburg Hurdles awards:

Jacob McLennan (H) and Addison Coy (Y)

Boal Hammer awards:

Jacob Lange (C) and Emma Vasen (Y)



stein (H) 17:30.62, Sevanne Ghazarian (Y-guest) 17:31.42, Eleanor Bolton (0) 17:34.63, Alexandra Shipley (O-guest) 17:45.98, Gillian Meeks (H) 17:48.97 100mh (w -1.7) Livia Gauntlett (H) 14.70, Caroline Hilley (C) 15.98, Harriet Wigginton (0) 16.30 400mh (hand timed) Addison Coy (Y) 62.8, Caroline Hilley (C) 66.3 Steeplechase (hand) Kayley Delay (Y) 10:43.6, Nancy Scott (C) 11:01.8, Anna Sharp (0-guest) 11:15.6 4x100m Harvard-Yale 47.09, Oxford-Cambrdge 49.94 4x400m Harvard-Yale 3:49.02, Oxford-Cambridge 4:00.39 **High Jump** Teele Palumaa (0) 1.74, Sophie Hubbard (0) 1.63, Kendall Bensche (H) 1.63, Elizabeth Adelson (Y-guest) and Lea Wenger (C-guest) both 1.50 Pole Vault Kylie Hilton (H) 3.50, Chloe Billingham (C) 3.40, [Alana Carroll (H) did not clear a height] Long Jump Rachael Estelle (H) 5.44 w +2.3 (best legal 5.35), Tessa Malone (Y) 5.18, Holly Skinner (O 4.88 Triple Jump Madeleine Smith (0) 11.29, Tessa Malone (Y) 11.16 Shot Emma Vasen (Y) 13.05, Alladia Patterson (Y) 12.28, Katie Dennison (O) 10.34 Discus Helen Broadbridge (C -guest) 42.20, Emma Vasen (Y) 41.63, Alladia Paterson (Y) 39.59, Bridget Fryer (C) 37.14, Teele Palumaa (O-guest) 33.81, Jenny Richards (0) 33.25, Emmaline Okafor (C -guest) 30.87 Hammer Helen Broadbridge (C-guest) 52.38, Emma Vasen (Y) 46.77, Martha Kebeh (H) 46.49, Jenny Richards (0) 43.36, Emmaline Okafor (C-guest) 40.36, Hannah McLaughlin (H) 34.14 **Javelin** Johanna Schoenecker (C) 36.46, Alexandra Shipley (0-guest) 33.96, Andrea Novoa-Martinez (Cguest) 33.54, Abigail Jones (O) 32.95, Hannah McLaughlin (Hguest) 31.69, Jada Jones (H) 10.40

WOMEN'S RESULT (STEAD-SELLERS TROPHY):- HARVARD & YALE 16 WINS, OXFORD & CAMBRIDGE 4 WINS

COMBINED RESULT (NAUGHTON TROPHY): HARVARD & YALE 33 WINS, OXFORD & CAMBRIDGE 7 WINS

Photos: Andy Hodge

CLUB TIES



By popular demand, the Club's traditional plain Old Gold tie is now in stock again, alongside the striped version.

Both are available through Matt Buck,

<u>kit@achilles.org</u>



THE GOLD CIRCLE

3 x 100

In the Club's 100TH YEAR, the Achilles Trust has been successfully appealing for £100 PER ANNUM from at least 100 MEMBERS

If you would like to contribute, further details are available on the website, www.achilles.org or from Alan James, trust@achilles.org

SPECIFY SUPPORT OF OUAC OR CUAC

A new option to channel some or all of your donation direct to OUAC or CUAC has proved particularly popular, and each University Club has benefited substantially.

REMEMBER ACHILLES IN YOUR WILL

And please consider bequeathing monies as part of your estate.



FRESHERS VARSITY MATCHES

2 November 2019

Wilberforce Road, Cambridge





MEN

100m Mounir Hinedi (C) 11.2, Chizute Ogbedah (C) 11.4, Richard Cavanagh (C-guest) 11.7, Daniel Olaniyi (O) 11.7, John Chan (O) 11.8, Calum Braham (O-guest) 12.8. 200m Ben Ross-Russell (C) 23.8, Sam Nelson (O) 24.0, John Chan (O) 24.3, Luka Jovanovic (C) 24.5. 400m Sam Nelson (O) 53.6, Marko Cmrlec (C) 53.9, Lukas Lacey-Hughes (O) 54.9, Ed Keen (C) 59.5. 800m Angus Harrington (C) 2:09.2, Asad Yusoff (O) 2:13.4, Matthew Sutcliffe (C) 2:14.9, Brad Burke (O) 2:22.8. 1500m Milan Campion (O) 4:20.7, Asad Yousoff (O) 4:31.0, Aidan Williams (C) 4:35.8, Jason Fong (C) 4:39.3. 3000m Milan Campion (O) 9:17.5, Sameer Aiyar-Majeed (C) 10:32.7, Brad Burke (O)









10:46.9, Ben Hendry (C)
11:02.5 . 110m hurdles (3'3")
Morgan Treasure (C) 20.2,
Dominic Spencer-Jolly (O)
22.0, Brad Burke (O) 26.5.
400m hurdles Jake Watson
(O) 64.7, Dom Spencer-Jolly
(O) 70.4 . High Jump Odu Salu (C) 1.65, Jochym Solecky
(O) 1.55, Ben Anderson (O)
1.45, Seb Dunne (C) 1.40.
Pole Vault (not held) . Long
Jump Georgios Zaphiris (C)

ACHILLES ATHLETES OF THE MATCH:

Women: Adahna Ekoku (St. Catherine's, Oxford) for hurdles and horizontal jumps; Louise Shanaham (Trinity, Cambridge) for 800m and 1500m

Men: Marley Young (Trinity, Cambridge) for throws

6.50, Morgan Treasure (C) 6.22, Olujimi Fafonora (0) 5.83, Tim Kuiper (0) 5.53, Jacaym Solecky (O-guest) 5.29. Triple Jump Morgan Treasure (C) 12.55, Calum Braham (0) 11.60, Anthoni Krupka (0) 11.10, Seri Aycock (C) 10.96. Shot Marley Young (C) 13.42, Emmanuel Goriola (C) 9.60, Max Bowman (0) 8.84, Jonathan Martin (0) 8.01, George Tsikas (0 -guest) 7.80. Discus Marley Young (C) 42.77, Emanuel Goriola (C) 24.39, Ben Anderson (0) 22.26, Jonathan Merpin (0) 16.42. Hammer Marley Young (C) 25.56, Max Bowman (0) 20.04, Emmanuel Goriola (C) 19.87, Ben Anderson (0) 19.26. Javelin Angus Harrington (C) 42.42, Archie Carpenter (C) 42.14, Jeremy Steed (0) 38.15, Ben Anderson (0) 33.22. 4 x 100m Cambridge (Ogbedah, Ross-Russell, Cavanagh, Hinedi)) 45.8 [Oxford Fafowara, Olaniyi, Chan, Kuiper 50.5 disqualified]. 4 x 400m Oxford (O'Brian 55.8, Calderon 54.2, Lacey-Hughes 55.1, Nelson 52.6) 3:37.7, Cambridge (54.8, 59.3, 57.6, 53.1) 3:44.9.

Result: Cambridge 95, Oxford 78

WOMEN

100m Hannah Kyman (0) 12.9, Freya Robson (C) 14.1,



Kenya Williams (C) 14.2, Elinor Davies (0) 14.4, Alicia Vergara (0-guest) 14.7, Lucy Walker (C-guest) 15.0, 200m Hannah Kyman (0) 28.0, Irina Ferapontova (C) 29.2, Elinor Davies (0) 30.1, Freya Robson (C) 33.1. 400m Eliska Freibergerova (0) 66.2, Libby Brown (C) 71.3, Kala Allen (O) 75.3, Fanny Belais (C) 87.2.800m Louise Shanahan (C) 2:29.2, Eliska Freibergerova (0) 2:35.3, Helena Page (0) 2:41.2, Isabel Mastrodemado (C) 2:51.2. 1500m Louise Shanahan (C) 4:50.7, Emily Bradley (C) 5:07.8, Helena Page (0) 5:10.9, Elsie Gray (0) 5:20.5, Maya Mehan (Cguest) 5:59.2.3000m Roseanna Temple (C) 10:40.4, Grace Molloy (0) 10:43.7, Amy Bull (0) 11:55.8, Isabel Mastrdonardo (C) 12:06.8 . 100m hurdles Adahna Ekoku (O) 16.5, Annie Geiger (C) 19.9, Izzy Wood (C) 23.1. [Jewel Bennett (0) was disqualified]. 400m hurdles Annie Geiger (C) 77.9, Izzy Riley (C) 80.2, Grace Molloy (O) 82.7, Helena Page (0) 84.2. High Jump Isabel Wood (C) 1.40, Laura Simpson (0)

1.30, Charlotte Ellis (C) and Jewel Bennett (0) both 1.30. Pole Vault (not held). Long Jump Adahna Ekoku (0) 5.32, Charlotte Ellis (C) 5.00, Rosie Unwin (C) 4.74, Hanna Kynman (0) 3.71. Triple Jump Adahna Ekoku (0) 10.52, Irina Ferapontova (C) 9.76, Evie Miller (C) 9.14, Elsie Gray (0) 8.23. Shot Rosie Rice (C) 8.40, Laura Simpson (0) 7.64, Mary Bonsu (0) 6.44, Harriet Bradnock (C) 6.30. Discus Laura Simpson (0) 22.42, Joanna Olatunji (C) 18.78, Mary Bonsu (O) 16.79, Rosie Rice (C) 16.47. Hammer not held. Javelin Mary Bonsu (0) 26.20, Harriet Bradnack (C) 22.46, Jodie Mitchell (C) 22.28, Laura Simpson (0) 18.19. 4 x 100m Cambridge (Robson, Williams, Gavin, Walker) 58.0. Oxford (57.8 were disqualified for a faulty changeover). 4 x 400m Cambridge (Geiger 67.8, Espeunte 66.9, Ellis 65.5, Gavin 65.7) 4:26.0, Oxford (68.0, 68.4, 74.2, 65.6) 4:36.2

Result: Cambridge 87.5, Oxford 77.5





THE VARSITY CROSS COUNTRY RACES

7th December 2019, Wimbledon Common

CAMBRIDGE TOOK THE HONOURS IN BOTH THE LADIES' AND GENTLEMEN'S RACES FOR THE FIRST TIME SINCE 2013.

By Simon Molden:

In the 44th Ladies' Race, the pre-race analysis predicted very close contest with the main question being whether the strength of Cambridge's top





four (which included two previous race winners) would be enough to defeat an Oxford eight boasting impressive strength in depth. The loss for the Dark Blues of Eleanor Bolton (Keble) to European selection in the week before the race was certainly a blow for them and tilted the scales marginally towards Cambridge.

In the event, things turned out almost precisely as forecast with the Light Blues filling four of the first six places and Oxford packing the middle order from seventh to 11th, leaving the result was in doubt until the very end. After much checking and re -checking, the officials of Thames Hare and Hounds were able to announce that the honours had gone the way of Cambridge by the very narrow margin of 39 points to 41. This was the closest team result since 2000 when Oxford sneaked home by a solitary point.

The individual race winner was Niamh Bridson Hubbard (Magdalene), who was appearing for the fourth and final time. Her time of 22:49 equalled the course record set by Julia Bleasdale (Pembroke) in 2003; however, it should be noted that conditions in 2019 were considerably less favourable than for the 2003 contest, which came off the back of a European heatwave summer with the Common in the driest conditions possible and the Beverley Brook watersplash reduced to little more than a puddle. The result left the series at 25 wins to 0xford and 19 to Cambridge.

1, Niamh Bridson Hubbard Magdalene Cambridge 22.49; 2, Charlotte Dannatt St John's Oxford 22.57; 3, Nancy Scott Newnham Cambridge 22.59; 4, Emily Ruane Magdalene Cambridge 23.04; 5, Alexandra Brown New College Oxford 23.10; 6, Phoebe Barker Robinson Cambridge 23.30; 7, Floren Scrafton Worcester Oxford 23.38; 8, Laura John Magdalen Oxford 24.37; 9, Lizzy Apsley St Hilda's Oxford 24.42; 10, Claire Hammett Lincoln Oxford 24.47; 11, Anna Sharp Green Templeton Oxford 24.59; 12, Florence Wiggins Christ's Cambridge 25.07; 13, Ella Fennelly St Edmund's Cambridge 25.17; 14, Louise Shanahan Trinity Cambridge 25.21; 15, Grace Molloy St John's Oxford 25.35; 16, Helene Greenwood Lucy Cavendish Cambridge 26.02.

In the 129th Gentlemen's Race, Cambridge entered the 129th race as very warm favourites. For Oxford, following four wins in the last previous years, 2019 had represented the passing of a generation and they entered the contest with a very inexperienced team. This was illustrated by their aggregate previous appearances of just five, compared to the Light Blues' 21. Having said that, the untimely retirement from competitive running of Cambridge's Oliver Fox (Robinson) and with one or two of the Light Blues not being quite in the form of 12 months previously, the gap between the two sides did appear to narrow somewhat over the term. However, from an Oxford perspective, it was not enough and Cambridge duly recorded a comfortable 32 points to 47 victory, only their second since 2013.

At the front, Phillip Crout (St. Catharine's), appearing for the sixth time, took the individual honours having run a very welljudged race (38:43). Last through the watersplash, he accelerated towards the middle stages and by halfway had established a lead he was never going to relinquish. In third place, William Ryle-Hodges (Magdalene) notched up his ninth (and final) appearance and a seventh team victory. It is unlikely that this record of appearances will ever be beaten. The result brought the series to 65 wins to Oxford and 64 to Cambridge.



1, Phillip Crout St Catharine's Cambridge 38.43; 2, Joseph Smith Robinson Cambridge 38.48; 3, William Ryle-Hodges Magdalene Cambridge 38.51; 4, Sam Brown-Araújo University Oxford 39.01; 5, Luke Cotter St Catherine's Oxford 39.03: 6, George Gathercole Gonville & Caius Cambridge 39.06; 7, Tim Harrison Keble Oxford 39.12; 8, Alexander Gruen Balliol Oxford 39.29; 9, Joseph Massingham Pembroke Cambridge 39.34; 10, Joe Morrow Hertford Oxford 39.54; 11, James Edgerton Jesus Cambridge 40.04; 12, Norman Shreeve King's Cambridge 40.09; 13. Robert Brown Worcester Oxford 40.11; 14, Miles Weatherseed St Anne's Oxford 40.25; 15, James Coxon Jesus Cambridge 40.36; 16, Joe Bowness Linacre Oxford 41.15.

Earlier in the day, the 28th Old Blues' Race was held and Oxford won for the first time since 2015 by the narrow margin of 180 points to 186 (scoring 13-aside). William Christofi (University) was first home in 21:21. Although the Light Blues had seven of the first nine, as can be the case in mob matches, Oxford's solid packing from eighth all the way to 27th tipped the balance in their favour.

The series now stands at 16 wins to Oxford and 12 to Cambridge.

1, William Christofi University Oxford 21:21; 2, Jamie Parkinson Somerville & Jesus Oxford 21:30; 3, Josh Carr Sidney Sussex Cambridge 21:38; 4, Richard Ollington Pembroke Cambridge 21:48; 5, David Wilson Jesus Cambridge 22:03; 6, Tom Kearns Wolfson Cambridge 22:05; 7, Milan Campion Hertford Oxford 22:12; 8, Tom Goulding Gonville & Caius & Hughes



Matthew Bryant St, Catherine's Oxford

32:15; 25.21; 15, Grace Molloy St John's

Cavendish Cambridge 26.02.

Oxford 25.35; 16, Helene Greenwood Lucy





40 YEARS ON

ACHILLES IN 1979

By **Robin Tolson,** CUAC President 1978-79

What do I remember?

Beyond the cloisters, a nation is to turn on its axis. A Winter of Discontent will rage, the rubbish will be piled high, the bodies unburied. An election, on 6 May 1979, will lift a very different Prime Minister into office. I listen late night on the radio from another world. Inside the cloisters: et in arcadia nobis.

One glorious Summer gives way to the prospect of another. It is the last days of disco and punk is knocking, loudly, at the door: **Peter Lake** (Selwyn; 800m; 1500m; spiky haircut, black jeans, but I doubt even the odd safety pin) is in the advance guard and **Neil Leach** (Emmanuel; 800m; 1500m, bouffant locks and advanced tanning) is hanging on. For

most of us Blondie represents a happy fusion between the two.

11 months before Callaghan hands the baton to Thatcher, **Martin Wilson** (Selwyn; 800m; 1500m) does so to your correspondent (Jesus; 400Mh; 110Mh). Seamlessly. 'Hotel California' playing in his room, as I recall, as he hands over the files, checks out and leaves. I am in charge of the CUAC shop. Daunting.

ACHILLES TOUR TO AUSTRALIA & SINGAPORE

Summer 1978: a tour of Australia and Singapore for a happy Achilles band. A press reception send-off with, if I recall, not a single journalist present despite the drink supplied by Qantas which sees me unsteadily onto my very first airliner. Dropping into Singapore with fireworks lighting the sky on

National Day; then into Melbourne, to jet-lag and 40 orders at the hotel for lobster thermidor (the most expensive thing on the menu, the sponsors paying). Worryingly, I have only two memories of the athletics and none of any of the results: a meandering grass track at Sydney University; and the national championships at Singapore, sweating in hitherto unimagined broiling humidity, swapping my Achilles for Aussie and Philippine vests – not that loyal, but good Singapore trading.



On the international circuit, in 1979 Australia tour star **Craig Masback** lifted himself to SIXTH ON THE WORLD ALL-TIME LIST FOR THE MILE

CHARIOTS OF FIRE

To Cambridge and the Autumn term. A man called Colin Welland appears (Z Cars; Yanks) now researching a small film project provisionally and strangely titled "Chariots of Fire". Whatever happened to that? Was there some competitive athletics that term beyond the joys of Milton Road on cold Sunday mornings and the ministrations of Roy Carter? There must have been, but I cannot recall it. Farewell, Roy. I do recall your arm on my shoulder in Australia: "Robin, my man for next year!"

Michaelmas gives way to Lent. Milton Road is covered in snow. Training consists of a one-sided snowball fight. **Allan Robinson** (Corpus Christi; Javelin) is not on my side and the range and power of his missiles far exceeds anything we have: it is

In the distinguished presence of the Governor of New South Wales
His Excellency Sir ARTHUR RODEN CUTLER
V.C., K.C.M.G., K.C.V.O., C.B.E., K.St.J., Hon. D.Sc. N.S.W. and N'cle (N.S.W.)
B.Ec., Hon. LL.D.



The President and Members of the Sydney University Athletics Club will be pleased to welcome

Robin Slavas Jolson on the occasion of their

Centenary Dinner (1878-1978)
SATURDAY, 19th AUGUST, 1978

Mr. Herb Elliott, M.B.E., will respond to the Toast to "Athletics"

Pre-dinner drinks will be served in the Great Hall at 7 p.m.

The Dinner will be held in the Refectory of the University of Sydney, commencing at 8 p.m.

Dress — Black Tie.

the Alamo. Was there some athletics? There must have been, but I cannot recall it.

CUAC TOUR TO GERMANY

CUAC to Germany at the end of the Lent term: guests of Colonel Leach (Neil's Dad) and the British Army of the Rhine for a week. We must have competed, but I cannot recall it not even as I read my post-tour newsletter. The women are berthed with officers as I remember, the men are not. I have the songbook yet: "Side by

VARSITY MATCH 12 May 1979, Iffley Road, Oxford

MEN, Blues Match. 100m M.W.G. Moody (C) 11.4, T. Freeman (C) 11.4, P. Baker (O) 11.4, C. Winter (0) 11.5. 200m B.R. Jones (C) 22.2, M.W.G. Moody (C) 22.9, M. Ralfe (0) 23.1, . E. Quist-Arcton (0) 23.2. 400m B.R. Jones (C) 48.4, G.N. Goddard (C) 50.1, S. Lockhart (0) 51.5, J. McCabe (0) 51.6. 800m C. Masback (O) 1:53.8, S. Walsh (O) 1:54.6, S.M.C. Moore (C) 1:56.8 . D.N. Leach (C) 1:56.8. 1500m C. Masback (O) 3:58.6. N.D.B. Dorey (C) 3:58.9, G. Reynolds (O) 4:00.1, . D.N. Leach (C) 4:00.1 . 5000m D. Schlesinger (0) 14:23.8, N. Brawn (0) 14:39.4, R.C. Duncan (C) 14:59.2,. T. Eglen (C) 15:29.0. 110m hurdles N.H. Thomas (C) 15.7, A. Clucas (0) 15.9, P. Clarkson (0) 16.0, R.S. Tolson (C) 16.5. 200m hurdles N.H. Thomas (C) 25.3, D.H. Grant (C) 25.5, P. Clarkson (0) 25.8, A. Clucas (0) 26.0. 400m hurdles R.S. Tolson (C) 55.2, A. Clucas (O) 55.9, P. Clarkson (O) 56.4, D.H. Grant (C) 56.6. Steeplechase V. LeGrand (0) 9:34.4, R. Holdsworth (0) 9:46.6, P.W. Lake (C) 9:54.8, . J.I. Stoodley (C) 10:01.6. High Jump N.H. Thomas (C) 1.92, R. Creightmore (O) 1.85, A. Beardmore (0) 1.85, . A. Papamarcou (C) 1.70. Pole Vault M. Daniell (O) 3.50, R.B. Cattell (C) 3.40, J.A.T. Dow (C) 3.40,. [S. Benjamin (O) no height]. Long Jump C.C. Stuart (0) 6.57, D. Rist (0) 6.34, D.J.L. Bennett (C) 6.19, S.G. Brown (C) 6.08. Triple Jump C.C. Stuart (0) 14.02, S.G. Brown (C) 13.68, D.J.L. Bennett (C) 13.68, . T. Herbert (0) 13.23 . Shot P.A. Gomme (C) 13.68, G. Malachowski (C) 12.90, I. Jackson (0) 12.40, . M. Daniell (0) 12.33. Discus I. Jackson (O) 40.12, G. Malachowski (C) 39.08, L.J. Browne (C) 38.28, . J.R. Moreland (0) 36.84. Hammer N. J. Spivey (C) 39.62, M. Skinner (0) 38.26, G. Malachowski (C) 36.64, . J.R. Moreland (0) 36.14 . Javelin A.G. Robinson (C) 59.62, J. Fenton (O) 53.04, D. Potts (C) 49.60, B. Herrod (O) 49.24. 4 x 100m Cambridge (Freeman, Thomas, Moody, Jones) 42.9, Oxford (Winter, Quist-Arcton, Baker, Betteridge) 43.7. 4 x 400m Cambridge (Moody 51.4, Freeman 49.8, Goddard 50.5, Jones 48.5) 3:20.2, Oxford (White 51.4, McCabe 49.9, Lockhart 50.8, Masback 50.7) 3:22.8. Result Cambridge 113, Oxford 98.

WOMEN, Blues Match 100m B.H.R. Wheeler (C) 12.9 equals record, J. Bramah



Side"; "The Philosophers' Song"; others, less classic or witty. A dressing down from me on the

morning after a particularly boozy night, our block less than military in its appearance, our

(0) 13.5, M. Goatly (0) 14.1, . D.S. Wolsey (C) 14.9. 200m KE. Tuffnell (C) 26.0 record, B.H.R. Wheeler (C) 26.9, J. Reeve (O) 27.6, . C. Bishop (O) 28.7. 400m K.E. Tuffnell (C) 57.1 record, J. Reeve (0) 61.0, C. Bishop (0) 62.8, SM. White (C) 67.3. 800m S.F. Parker (C)2:14.7 record.6, J. Lewtas (C) 2:18.4, D. Horsley (0) 2:23.1, . K. Weston (0) 2:35.4. 1500m S.F. Parker (C) 4:51.6 record, J.M. Creasey (C) 4:52.3, L. Whittaker (O) 4:53.0, . C. Simpson (0) 5:10.4. 100m hurdles K.E. Tuffnell (C) 16.6, E.J.S. Kinnair (C) 17.2, J. Valentine (0) 19.8,. M. Goatly (0) 23.9. High Jump M. Goatly (0) 1.38, J. Lewtas (C) 1.35, S.T. Cambridge (C) 1.25, . B. Barber (O) 1.00 . Long Jump F.E. Hatton (C) 5.15, J. Valentine (0) 4.86, S.M. White (C) 4.72, B. Barber (0) 4.01. Shot H. Barker (0) 8.55, S. Foote (O) 8.39, P.A. Holt (C) 8.17, J.E.P. Morgan (C) 8.11. Discus J. Capel (O) 25.42, J. Haxby (0) 23.88, C.A. Chapman (C) 23.64, . J.E.P. Morgan (C) 21.94 . Javelin C.A. Chapman (C) 33.80, P.A. Holt (C) 28.02, J. Capel (0) 26.68, S. Lough (0) 25.44. . 4 x 100m Cambridge (Glanville, P. Tuffnell, Wheeler, K. Tuffnell) 51.8 record, Oxford (Reeve,

MEN, Centipedes v Alverstone 100m C. Betteridge (O) 11.7, P.F. Duncombe (C) 11.9, R. Houghton (C) 12.0, . S. Knight (O) 12.3. 200m N. Todd (0) 23.9, M. Parry (0) 24.5, R. Houghton (C) 24.6, P. Durrant (C) 25.6. 400m R. White (0) 51.7, P. Durrant (C) 52.2, G. Gilbert (O) 52.8, S. Petherick (C) 55.5. 800m M. Rhodes (O) 1:57.3, M. Rimmer (0) 1:57.6, D.P. Cohen (C) 1:59.0, . T. Jackson (C) 1:59.4. 1500m M. Rimmer (O) 4:12.9, D.P. Cohen (C) 4:13.0, N. Leaves (O) 4:16.1, . P. McBreen (C) 4:29.7 . 5000m M.A. Ellison (C) 15:13.4, P. Standring (O) 15:51.6, P. Carstairs (0) 16:43.8,. A. Jackson (C) 17:00.0. 110m hurdles E. French-Constant (O) 16.5, A. Beck (C) 16.9, R.C. Woodgate (C) 17.2,. A.P. Lawton (O) 17.8. 200m hurdles M. Rhodes (0) 26.9, P.F. Duncombe (C) 27.0, E. French-Constant (O) 27.6, . R.C. Woodgate (C) 28.1. 400m hurdles S. Veale (0) 57.3, J.G.M. Ballingall (C) 57.3, A.P. Laughton (0) 59.6, . A. Beck (C) 62.6 . Steeplechase J. Hayward (0) 9:50.4, N.C. Miller (C) 10:03.0, S. Dorey (O) 10:27,2, . T. Jackson (C) 11:01.0 . . High Jump T. Press (0) 1.90, M. Rhodes (0) 1.75, P. Macey (C) 1.65, S. Petherick (C) 1.60 . Pole Vault S. Tesh (0) 3.30, J. Scaife (C) 3.20, E. Meadows

Capel, Bishop, Bramah) 53.8. Result Cam-

bridge 75, Oxford 53.

(0) 2.60, A.M. Fowkes (C) 2.00 . Long Jump A. Rodger (0) 6.30, P.F. Duncombe (C) 5.77, R. Arnold (C) 5.66, P. Brett (O) 5.50. Triple Jump S. Knight (0) 12.88, R. Arnold (C) 12.28, A. Rodger (0) 12.19, . S. Petherick (C) 11.02 . Shot R.B. Clark (O) 10.72, T.C. Scott-Morey (C) 10.58, M. Moran (O) 10.08, . A.M. Fowkes (C) 9.95, . Discus T.C. Scott-Morey (C) 31.12, R.B. Clark (O) 30.50, D. Bugge (O) 25.80, . A.M. Fowkes (C) 19.66 . Hammer M. Moran (0) 33.70, T.C. Scott-Morey (C) 26.30, R.B. Clark (0) 26.08, . R.C. Woodgate (C) 14.38 . Javelin E. French-Constant (O) 48.02, A. Haxby (0) 47.44, T.C. Scott-Morey (C) 43.20,. J.G.M. Ballingall (C) 28.42.4 x 100m Alverstone (Houghton, Tolson, Grant, Duncombe) 45.6, Centipedes (Clarkson, Todd, Parry, Knight) 45.7.4 x 400m Centipedes (Gilbert 52.1, Veale 53.1, Scott-Barrett 52.0, Walsh 53.0) 3:30.2, Alverstone (Durrant 52.3, Grant 55.5, Leach 54.1, Tolson 56.1) 3:38.0 . Result Oxford Centipedes 130, . Cambridge Alverstone 82 .

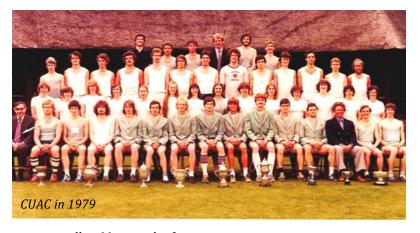
Freshers Varsity Match, Milton Road, Cambridge, 31 October 1978. Cambridge won by 114 points to 82. A women's match was held on the same occasion, but not restricted to Freshwomen: Cambridge won by 66 points to 54.

Field Events Match, Iffley Road, 27 February 1979. Cambridge won by 4 events to 3. Oxford won the High Jump (match record of 7.25m), Triple Jump and Javelin, Cambridge won the Pole Vault, Long Jump, Shot and Discus. No Hammer competition was held, due to the state of the ground (now the Hockey Pitch).

Relays Match held in conjunction with the Varsity Games at Crystal Palace, 3 March 1979 (Some other University teams, and composites, also competed). Cambridge won the Mens' Oxford-Cambridge competition by 5 relays to 2:. 4 x 100m Loughborough won, Cambridge second. 4 x 200m Cambridge won. 4 x 400m Cambridge won. 4 x 800m Cambridge won. 4 x 110m hurdles Oxford won. 4 x 200m hurdles Oxford won. Cambridge wonen won by 3 events to nil; The relays were 4 x 100m, 3 x 800m and a Medley (200 x 600 x 400 x 800m)







team equally. My speech of thanks to the Mayor of Bernkastel (a former POW in Cambridge) after his stunning wine tasting (5 wines advertised, 8 arrived - Trockenbeerenauslese included); the speech - 'auf Deutsch', sabotaged by Graham Goddard (Sidney Sussex; 400m) and Paul Gomme (Caius; shot putt) the linguists in the party who had "translated" it for me. Ah, Graham and Paul: such a few years left for both of you. Your untimely deaths lend perspective to this view.

VARSITY VICTORY

And so to the May term and business. Constant dawn

rounds on my bike delivering elegant selection cards summoning the faithful to twiceweekly meetings. Coaches to Woodford Green; TVH. A general election and, 11 days later, the more important Day: "to Iffer-ley; to Iff-er-ley, we are the CUAC and we're off to Iff-erley." Vanquished utterly by the lovely Charlie Betteridge in the President's speech competition, but not so on the track. Victory by 112-98 for the men and 75-56 for the women. We are led by the magnificent Mike Moody (Churchill; 100m) against the wind and the odds; and Brian Jones (St Catharine's; 200m; 400m; the veteran [i.e. 22 years old] and teller

of shaggy dog stories - one punchline, bizarrely, I recall: Caesar to Brutus "et tu Brute??" Brutus replies: "lying b......, you ate three"). He and Neil Thomas (Trinity; high jump; 110mH; ginger, talent) imperious both, as ever. The women led by Kim Tuffnell (Selwyn: 200m; 400m) cleaning up the sprints with Bridget Wheeler (Trinity Hall: 100m; 200m) in, almost unbelievable now, only the 4th women's match. Carole Chapman (Girton; javelin, discus) hurling her spear prodigious distances.

HARVARD & YALE

Not done quite yet. Only days to go until the axe falls, and Cambridge will belong forever to other people, for the time of their lives - but Harvard and Yale drop by. American cool: my oppo whipping off his beanie as the starter calls us to our marks, his freshly cropped Mohican ahead of me all the way round. Defeat. A last dinner. The President's baton to Neil Leach. Gone.

MISSING MEMBERS

We would be very grateful for postal or email addresses for any of the following: please contact membership@achilles.org

Michael Small 1940 Cam Robert Winser 1940 Ox Frank Finch 1942 Cam Robert Reynolds 1945 Cam Jolyon Rymer 1945 Cam John Seale 1945 Cam Gordon Drew 1945 Ox Paul Jeanty 1945 Ox Geoffrey Tudor 1945 Ox David Shiress 1946 Cam David Powell 1947 Ox David Lyall 1948 Cam Richard Broad 1948 Ox Jean-Pierre Matossian 1948 Ox Bob Catterall 1949 Cam Iain Crawford 1949 Cam

Henry Leader 1949 Cam James Batten 1950 Cam Gerald Butterworth 1950 Ox Graham Barker 1951 Cam Gareth Jones 1951 Cam Eduard Freitag 1952 Cam John Maitland 1952 Cam Christopher Higham 1952 Ox Edgar Samuel 1953 Cam Roger Pinnington 1953 Ox Timothy Sainsbury 1953 Ox Lawford Howells 1954 Cam Ronald Forster 1955 Cam John Cuthbert 1956 Ox Anthony Gibbs 1956 Ox John Pinnick 1956 Ox

David Churchill 1957 Ox Steve James 1957 Ox Tim Briault 1958 Cam Michael Davies 1958 Cam Peter Green 1958 Cam Colin Bacon 1959 Cam Peter Burrows 1959 Cam Jack McWhor 1959 Cam Mike Ralph 1959 Ox Herb Elliott 1960 Cam Michael Royce 1960 Cam George Darroch 1960 Ox Robin Inglis 1961 Cam Raymond Channing 1962 Cam Martin Clark 1962 Cam David George 1962 Cam

30 YEARS ON





Tom Richardson, Liz Stapleton (Hobson), Stuart Nash, Colin Scott & David Gardiner enjoyed one of their ACHILLES GET-TOGETHERS IN SYDNEY, AUSTRALIA: they are keen to expand their circle...



Liz Hobson as President of OUAC in 1989.



Andrew Keith 1962 Cam Geoff Bostock 1962 Ox Geoffrey Williams 1962 Ox Dick Pyle 1962 Ox Edwin Gale 1963 Cam Michael Chapman 1963 Ox Mike Powell 1963 Ox Geoffrey Grigson 1964 Cam Graham Plows 1964 Cam John Smith 1964 Cam Peter Wray 1964 Cam Alan Heath 1964 Ox Christopher Webb 1965 Cam Peter Auksi 1965 Ox David Graham-Young 1966 Cam John Valentine 1966 Ox Richard Green 1967 Cam Leon Hall 1969 Ox Benjamin Davies 1970 Cam Biff Hannibal 1971 Cam Rob Crittenden 1971 Ox Julian Ellis 1972 Cam Nigel Boulding 1972 Ox John Morris 1973 Cam Andy Brown 1973 Ox Adam Chedburn 1973 Ox Pete Edwards 1973 Ox

Glyn Reynolds 1973 Ox John Slaney 1973 Cam Charles Aithie 1974 Ox Anthony Dyke 1974 Ox Andy Shepherd 1974 Ox Rona Slator 1974 Ox Cathy Meunier 1974 Ox Mary Underhill 1974 Ox Kenrick Cheong 1975 Ox Roger Hodgson 1975 Ox Nigel Cowan 1976 Cam David Grant 1976 Cam Julie Morgan 1976 Cam Martin Rhodes 1976 Ox Nick Dorey 1977 Cam Jonathon Stoodley 1977 Cam Kim Wells 1977 Cam David Rist 1977 Ox Andrew Beardmore 1978 Ox Mark Jackson 1979 Cam Jennifer Jolley 1979 Cam Simon Small 1979 Cam Nicholas Armstrong 1979 Ox Nick Fellows 1979 Ox Andy King 1979 Ox Sarah Sanderson 1979 Ox Wally Upton 1979 Ox

Alistair Brown 1980 Cam Alistair Edgar 1980 Cam Elizabeth Gee 1980 Cam Patrick Hannon 1980 Cam Kareen Marwick 1980 Cam Lindon Neil 1980 Cam David Taylor 1980 Cam Marcus Darville 1980 Ox Charles Hovenden 1980 Ox Paul Carleton 1981 Cam Joe Coles 1981 Cam Tim Cook 1981 Cam John Fordham 1981 Cam Heather Linaker 1981 Cam Andrew Richardson 1981 Cam Janet Corlett 1981 Ox Matthew Power 1981 Ox Liz Boothroyd 1982 Cam Marco Fasoli 1982 Cam Tim King 1982 Cam Michael Molitor 1982 Cam Felicity Waterman 1982 Ox Patricia Bradley 1983 Cam Pete Fulcher 1983 Cam Clive Bromhall 1983 Ox Nigel Clarke 1983 Ox Pete Kanowski 1983 Ox



MISSING MEMBERS, CONTINUED

Sarah Rees 1983 Cam Keith Blackwell 1984 Cam Kate Harper 1984 Cam James Lloyd 1984 Cam David Smith 1984 Cam Caroline Ball 1984 Ox Kathleen Clair 1984 Ox Corinne Cummings 1984 Ox Ginny Evans 1984 Ox Olu Fajemirokun 1984 Ox Katie Flanagan 1984 Ox Andy Geddes 1984 Ox Chris Harris 1984 Ox Gareth Hughes 1984 Ox Peter Laws 1984 Ox Val Pritchard 1984 Ox Ian Silvester 1984 Ox Richard Dawson 1984 Ox Bob Cobb 1985 Cam Peter Darbyshire 1985 Cam James Hely Hutchinson 1985 Cam Sarah Keir 1985 Cam Emma McBrien 1985 Cam Catherine Shelley 1985 Cam Wole Soboyejo 1985 Cam Simon Briggs 1985 Ox Vaughan Clark 1985 Ox Rod Clayton 1985 Ox Tim Cross 1985 Ox Helen Hoyle 1985 Ox Ian McDonald 1985 Ox Nick Bulbeck 1986 Cam Phillip Darbyshire 1986 Cam Sean Gibbons 1986 Cam Martin Hepworth 1986 Cam Paul Mendham 1986 Cam Javier Pes 1986 Cam Richard Shearmur 1986 Cam Philip Wilkins 1986 Cam David Cook 1986 Ox Rod Driver 1986 Ox Jeremy Lai 1986 Ox James Leach 1986 Ox Larry Mathews 1986 Ox Matt Newman 1986 Ox Gary Pitts 1986 Ox Dominic Tilley 1986 Ox Tracy Van der Leeuw 1986 Ox Charles Addison 1987 Cam Simon Firth 1987 Cam Kheredine Idessane 1987 Cam Mairi MacLean 1987 Cam Michael Risman 1987 Cam Tom Stout 1987 Cam Lawrence Tsang 1987 Cam Alan Walton 1987 Cam Scott Bryan 1987 Ox Dawn Fletcher 1987 Ox Simon Harding 1987 Ox Dave Layton 1987 Ox Mark McClintock 1987 Ox Rachel Osman 1987 Ox Andrew Skates 1987 Ox Marie Smith 1987 Ox

Peter Springett 1987 Ox

Tracey Aldridge 1988 Cam Vicky Barton 1988 Cam Tom Bent 1988 Cam John Brecknell 1988 Cam Hugh Briggs 1988 Cam David Burrows 1988 Cam Pierre Delforge 1988 Cam Tanny Liverpool 1988 Cam James MacNachten 1988 Cam Ade Odunsi 1988 Cam Uzo Onwere 1988 Cam Bob Ryan 1988 Cam Jason Skill 1988 Cam Helen Small 1988 Cam Rowan Smith 1988 Cam Tim Wright 1988 Cam Courtney Cook 1988 Ox Matthew Dimond 1988 Ox Stuart Fairley 1988 Ox Beccy Hearn 1988 Ox Kate Houston 1988 Ox Stewart Martin 1988 Ox Ian McAllister 1988 Ox Matthew Pay 1988 Ox David Stewart 1988 Ox James Street 1988 Ox Andy Thompson 1988 Ox Linda Whiteford 1988 Ox Jeremy Arnold 1989 Cam James Bobby 1989 Cam Robin Bordoli 1989 Cam Sue Burgis 1989 Cam David Rowlands 1989 Cam Allan Taylor 1989 Cam Jo Adams 1989 Ox Andy Johnston 1989 Ox Rob Marx 1989 Ox Derek Ormerod 1989 Ox Kate Shepherd 1989 Ox Vince Smith 1989 Ox Tim Stewart 1989 Ox Chris Townsend 1989 Ox David Bond 1990 Cam Robert Calvert 1990 Cam Giaco Corsini 1990 Cam Alan Ingram 1990 Cam Suzanna Jemsby 1990 Cam Rachel Jordan 1990 Cam Stewart McMorran 1990 Cam Simon Steer 1990 Cam Tony Underwood 1990 Cam David Wright 1990 Cam Ade Adebajo 1990 Ox Mike Douglas 1990 Ox Laura Marsiliani 1990 Ox Iain Scott 1990 Ox Simon Walker 1990 Ox Katie Belkin 1991 Cam Helen Bushell 1991 Cam Baz Clark 1991 Cam Steve Garland 1991 Cam Lorraine Harry 1991 Cam Louise Kaye 1991 Cam Mark Middleton 1991 Cam

Leon Stephenson 1991 Cam

Gordon Williams 1991 Cam Stephen Crouch 1991 Ox Alex Dawes 1991 Ox Gerald Preston 1991 Ox Paul Wilson 1991 Ox Julia Church 1991 Ox Andreas Fox 1993 Ox Carolyn May 1993 Ox Nathan Marston 1993 Cam Robert Critchley 1994 Cam Susie Hodgkinson 1994 Cam James Reynolds 1994 Cam Brett Williams 1994 Cam Alan MacPherson 1994 Ox Dani Martin 1994 Ox Craig Shepherd 1994 Cam Matt Albrighton 1995 Cam Andy Carnall 1995 Cam Sarah Dillon 1995 Cam Bethan Page-Jones 1995 Cam Anna Warren 1995 Cam Alex Wreth 1995 Cam Alan Dunwoodie 1995 Ox Julia Melling 1995 Ox Jacqui Street 1995 Ox James Dempsey 1996 Ox Samantha George 1996 Ox Alastair Burgess 1997 Cam Ben Dunnett 1997 Ox Bob Goodwin 1997 Ox Mark Hypolite 1998 Cam Hannah Oag 1998 Cam Fennel Aurora 1998 Ox Sherree Halliwell 1998 Ox Karen Noonan 1998 Ox Ben Clare 1999 Cam Graeme MacKay 1999 Ox Matt Taylor 1999 Ox Clara Brown 2000 Cam Siobhan Dennehy 2000 Cam Ed Green 2000 Cam Corin Hughes 2000 Cam Sarah Wilson 2000 Cam Aki Abiola 2001 Cam Hettie Briscoe 2001 Cam Simon Samuels 2001 Cam Bayo Biobaku 2001 Ox Chanda Kapande 2001 Ox Naomi Millner 2002 Cam Hugh Watson 2002 Cam Stuart Forbes 2003 Cam Rota Stone 2003 Ox Decker Walker 2004 Ox Sarah Fielding Smith 2005 Cam Paul Kirsch 2006 Ox Gus Mercer 2008 Ox Nyma Sharifi 2009 Cam Riyadh Bhyat 2011 Ox Edmund Eduah 2014 Cam

Please contact:

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